

Contents

CHAPTER 1. The Evolving Clinical Practice of Couple Therapy	1
<i>Alan S. Gurman</i>	
CHAPTER 2. Attunement, Disruption, and Repair: The Dance of Self and Other in Emotionally Focused Couple Therapy	21
<i>P. Susan Hazlett</i>	
CHAPTER 3. Explanation and Description: An Integrative, Solution-Focused Case of Couple Therapy	44
<i>Thorana S. Nelson</i>	
CHAPTER 4. The North-Going Zax and the South-Going Zax: From Impasse to Empathic Acceptance in Integrative Behavioral Couple Therapy	67
<i>Erika Lawrence and Rebecca L. Brock</i>	
CHAPTER 5. Therapy with a Gay Male Couple: An Unlikely Multisystemic Integration	90
<i>David E. Greenan</i>	
CHAPTER 6. A Clinical Format for Bowen Family Systems Therapy with Highly Reactive Couples	112
<i>Peter Titelman</i>	
CHAPTER 7. A Good-Enough Therapy: An Object Relations Approach	134
<i>Judith P. Siegel</i>	
CHAPTER 8. El Tigre, El Tigre: A Story of Narrative Practice	153
<i>Victoria C. Dickerson and Kathie Crocket</i>	

CHAPTER 9. Rewiring Emotional Habits: The Pragmatic/Experiential Method <i>Brent J. Atkinson</i>	181
CHAPTER 10. Relational Empowerment in Couple Therapy: An Integrative Approach <i>Mona DeKoven Fishbane</i>	208
CHAPTER 11. Opening Steps: A Structural Approach to Working with Couples <i>Douglas S. Rait</i>	232
CHAPTER 12. Self-Soothing and Other-Soothing in Emotion-Focused Therapy for Couples <i>Rhonda N. Goldman and Leslie S. Greenberg</i>	255
CHAPTER 13. Searching for Mutuality: A Feminist/Multicultural Approach to Couple Therapy <i>Sheila M. Addison and Volker Thomas</i>	281
CHAPTER 14. Getting Over a Rough Spot: A Short-Term, Problem-Focused Approach <i>Sam R. Hamburg</i>	308
CHAPTER 15. Building Intimacy Bridges: From the Marriage Checkup to Integrative Behavioral Couple Therapy <i>Melinda Ippolito Morrill and James V. Córdova</i>	331
CHAPTER 16. The Me Nobody Knows: Attachment Repair in Couple Therapy <i>Marion F. Solomon</i>	355
CHAPTER 17. Creating Self-to-Self Intimacy: Internal Family Systems Therapy with Couples <i>Richard C. Schwartz and Adrian J. Blow</i>	375
CHAPTER 18. At the Risk of Losing Our Misery: Existential Couple Therapy <i>Jerrold Lee Shapiro</i>	399
CHAPTER 19. Happily Ever After: A Couple Therapy from Three Perspectives <i>David C. Treadway</i>	427
Index	441