

Contents

Three Paraverbal Puzzles

Preface: Three Paraverbal Puzzles	ix
1 The History of Dynamic Psychotherapy: Its Paraverbal World	1
2 Brief Psychotherapy: A Model of Relationship Exchange, a Venn Diagram, a Research Review, and Two Unconscious Worlds	27
3 Our Research: The Strategy and the Instruments	73
4 Intense Paraverbal Enactments: Four Vignettes	85
5 Tracking Paraverbal Connections: Full Sessions	113
6 Integrative Relational Psychotherapy: Louise Tries to Find a "Place in this World"	135
7 Couples Therapy: Its Paraverbal Dimensions	161
8 The Therapist's Body/The Patient's Body: Lessons from the Cases	191
Appendix A: The ATOS Scale	229
Appendix B: The ATOS/Therapist Scale	233
Appendix C: Accessibility Scale	237
Appendix D: Congruence/Incongruence Scale	241
Appendix E: Control Mastery Scale	245
Index	255