

# Contents

Index of activities	vi
<b>Introduction</b>	<b>1</b>
<hr/>	
<b>Chapter 1</b> Language confidence	6
<b>Chapter 2</b> Exams and tests	27
<b>Chapter 3</b> Listening to people	40
<b>Chapter 4</b> Energy from others	47
<b>Chapter 5</b> Giving students control	53
<b>Chapter 6</b> Interventions that have worked	73
Bibliography	84
Further reading	85