## CONTENTS

A Word in Advance	9
Mail by Hand	13
I. EN ROUTE	
The Reluctant Python	19
The Bald-Headed Birds	41
II. BACK TO BAFUT	
The Fon's Beef	67
Beef in Boxes	95
Film Star Beef	111
Beef with Hand Like Man	127
III. COASTWARDS AND ZOOWARDS	
A Zoo in Our Luggage	151
Zoo in Suburbia	169
The Last Word	185
A change ladgemente	187
Acknowledgements	10/