

Contents

- Preface 6
- Recommended reading 6
- Acknowledgements 7
- List of abbreviations 8

Introduction

- 1 Overview of the cardiovascular system 10

Anatomy and histology

- 2 Gross anatomy and histology of the heart 12
- 3 Vascular anatomy 14
- 4 Vascular histology and smooth muscle cell ultrastructure 16

Blood and body fluids

- 5 Constituents of blood 18
- 6 Erythropoiesis, haemoglobin and anaemia 20
- 7 Haemostasis 22
- 8 Thrombosis and anticoagulants 24
- 9 Blood groups and transfusions 26

Cellular physiology

- 10 Membrane potential, ion channels and pumps 28
- 11 Electrophysiology of cardiac muscle and origin of the heart beat 30
- 12 Cardiac muscle excitation–contraction coupling 32
- 13 Electrical conduction system in the heart 34
- 14 The electrocardiogram 36
- 15 Vascular smooth muscle excitation–contraction coupling 38

Form and function

- 16 Cardiac cycle 40
- 17 Control of cardiac output 42
- 18 Haemodynamics 44
- 19 Blood pressure and flow in the arteries and arterioles 46
- 20 The microcirculation and lymphatic system, and diapedesis 48
- 21 Fluid filtration in the microcirculation 50
- 22 The venous system 52
- 23 Local control of blood flow 54
- 24 Regulation of the vasculature by the endothelium 56
- 25 The coronary, cutaneous and cerebral circulations 58
- 26 The pulmonary, skeletal muscle and fetal circulations 60

Integration and regulation

- 27 Cardiovascular reflexes 62
- 28 Autonomic control of the cardiovascular system 64

- 29 The control of blood volume 66
- 30 Cardiovascular effects of exercise 68
- 31 Shock and haemorrhage 70

History, examination and investigations

- 32 History and examination of the cardiovascular system 72
- 33 Cardiovascular investigations 74

Pathology and therapeutics

- 34 Risk factors for cardiovascular disease 76
- 35 β -Blockers, angiotensin-converting enzyme inhibitors, angiotensin receptor blockers and Ca^{2+} channel blockers 78
- 36 Hyperlipidaemias 80
- 37 Atherosclerosis 82
- 38 Treatment of hypertension 84
- 39 Mechanisms of primary hypertension 86
- 40 Stable and variant angina 88
- 41 Pharmacological management of stable and variant angina 90
- 42 Acute coronary syndromes: Unstable angina and non-ST segment elevation myocardial infarction 92
- 43 Revascularization 94
- 44 Pathophysiology of acute myocardial infarction 96
- 45 Acute coronary syndromes: ST segment elevation myocardial infarction 98
- 46 Heart failure 100
- 47 Treatment of chronic heart failure 102
- 48 Mechanisms of arrhythmia 104
- 49 Supraventricular tachyarrhythmias 106
- 50 Ventricular tachyarrhythmias and non-pharmacological treatment of arrhythmias 108
- 51 Pharmacological treatment of arrhythmias 110
- 52 Pulmonary hypertension 112
- 53 Diseases of the aortic valve 114
- 54 Diseases of the mitral valve 116
- 55 Genetic and congenital heart disease 118

Self-assessment

- Case studies and questions 120
- Case studies answers 123

- Index 126

A companion website is available for this book at: www.ataglanceseries.com/cardiovascular