
TABLE OF CONTENTS

Table of contents	3
Introduction	13
How to use this book	15
Cannabis: Basic Information	17
The plant.....	17
Effects.....	17
Marijuana	18
Cannabis species	19
Developmental stages of the plant	22
Gender of cannabis plants.....	24
Substances found in cannabis	28
How to equip a grow room	39
What plants need	43
Light.....	43
Nutrients – N-P-K.....	43
Water.....	44
Air – CO ₂ and Oxygen.....	44
Heat.....	45
Humidity.....	45
Cleanliness.....	45
Plant placement and necessary equipment in a grow room	47
Grow room control and switching elements	51
Ventilation control elements.....	51
Lighting control elements	54
Lighting	57
Photosynthetically active radiation	57
Light source characteristics	62
Wattage and lighting output	63
HID lamps.....	64
Fluorescent lamps	67

Table of contents

Light emitting diodes (LED).....	68
Required PPFD	72
Reflectors and lights	73
Practical light measurements	78
Results of individual reflectors	80
Reflective film.....	82
Light and grow room size.....	84
Benefits of quality reflective elements	85
Ballasts	85
Rolling hangers for lamps	86
Cables.....	87
How to choose lighting.....	88
How high to hang lights.....	88
Lighting distance and decrease in intensity.....	92
Using multiple lamps.....	93
The number of lamps	93
Ventilation.....	97
Basic fan types and their use	97
Fan/ventilator performance for air intake and exhaust.....	99
Circulation fans.....	102
Air conditioning.....	103
Humidifiers.....	104
Dehumidifiers.....	105
Ventilation ducting.....	105
Sound dampers.....	107
Charcoal filters for odour control	108
Carbon dioxide - CO₂	109
Why it is necessary to add CO ₂	109
How to add CO ₂	110
Fermentation process	111
Setting dispensation	115
Dispensing CO ₂	116

Costs of the actual CO ₂	117
Professional CO ₂ dispenser.....	117
Adding CO ₂ to the water	118
CO ₂ and health.....	118
Measuring devices and other tools	119
Thermometer	119
Hygrometer	119
pH tester	120
EC tester.....	120
Substrate thermometer.....	120
Sprayer	121
Measuring beakers.....	121
Water heater or cooler.....	121
Irrigation	123
Water quality and improvement.....	123
Automatic irrigation and fertilising.....	125
Hydroponic cultivation.....	125
Complete hydroponic systems	130
Growing in soil	138
Universal irrigation systems	143
Irrigation systems with grow pots	146
Your own automatic irrigation system	146
Nutrients.....	153
Primary biogenic elements – NPK.....	155
Secondary biogenic elements	158
Trace elements.....	159
Fertilisers and supplements	161
Fertilisers by origin.....	161
Fertilisers by physical state	162
Fertilisers by application.....	164
Supplements – additives.....	165

Table of contents

Plant protection – Prevention and treatment agents.....	169
Biopesticides for plant defence.....	170
Chemical pesticides for defence	172
Pests	175
Spider mites (Tetranychidae)	175
Fungus gnats (Sciaridae)	177
Aphids.....	180
Whiteflies (Aleyrodidae)	182
Thrips (Thripidae)	183
Other insects	185
Diseases	187
Fungal diseases.....	187
Basic prevention against fungal diseases.....	188
Grey mould (Botritis cinerea)	189
Pythium and Phytophthora.....	193
Algae	194
Powdery mildew	195
Fusarium.....	196
Other diseases	197
Genetic defects	197
Growing – Introduction.....	199
How to reach expected yields.....	199
Before you start	200
Initial elimination of losses	201
Seeds	205
How to choose seeds	205
Regular seeds.....	207
Feminised seeds	208
Autoflowering cannabis seeds	211
Seed quality	214
Seeds from your own harvest.....	217
Seed germination.....	219

Clones	229
Recognising quality clones	229
Rooting clones prior to introducing them into the system.....	230
Rooting and planting	235
Watering during planting.....	238
Watering basics	239
When plants are not moist enough	239
When plants are over-watered	240
How to recognise the proper moisture level.....	241
How often to water.....	243
Preparation of the irrigation solution.....	244
Flushing hydroponic systems	244
Methods for controlling plant growth	247
Pinching	247
Bending	250
Pruning.....	254
Screen of green	257
Sea of green	258
Cloning	259
Mother plants	259
Selection.....	261
Before you cut clones	265
Lighting for clones.....	266
Directions for cloning.....	268
How to care for clones	272
Micropropagation	275
Choosing the duration of the growth phase.....	277
Growth phase of 40 days and more	277
Growth phase of a duration of 21–39 days.....	279
Growth phase with a duration of 14–21 days	280
Growth phase of a duration 7–14 days.....	281
Growth phase with a duration of 0–7 days.....	282

Table of contents

Growing – First and second week of the growth phase.....	285
Climate.....	285
Light.....	286
Fertilising	286
Watering	287
What can be carried out in the first two weeks of growth.....	289
Third week of the growth phase	293
Climate.....	294
Light.....	294
Fertilising	294
Irrigation	295
What can be carried out in the third week	295
Fourth and further weeks of the growth phase.....	297
Flowering phase	299
When to switch to flowering	301
If you switch into the flowering phase too late.....	301
If you switch into the flowering phase too early	302
Additional fertilising and checking nutrient consumption.....	305
First flowering phase.....	307
Differences in the flowering phase duration.....	307
Light.....	308
Climate.....	308
Fertilising	309
Irrigation	310
What can be carried out in the first flowering phase.....	310
Second flowering phase	313
Climate and light	313
Fertilising	314
Irrigation	314
What can be carried out in the second flowering phase.....	315
Last two weeks of flowering.....	317
First flushing.....	317

Continual flushing	317
A trick for higher resin content.....	318
Climate in the last two weeks of flowering.....	319
What can be carried out in the last two weeks	319
How to tell when flowers are mature.....	321
Disadvantages of an early harvest.....	322
Late harvest.....	322
Harvest	325
What to do with harvested plants	325
Machines for trimming plants	326
Delayed harvest	327
Second harvest – back to growth	327
Drying.....	329
Standard procedure	329
Most common drying methods.....	329
Tips for drying.....	330
Problem solving	335
Nutrient imbalance	336
Seeds.....	342
After planting germinated seeds.....	343
Cloning.....	344
Cutting and planting clones.....	344
Rooting cut clones	345
Rooting prepared clones.....	348
Growth phase.....	351
First flowering phase	354
Second flowering phase	356
Final two weeks of flowering.....	358
Diary of an attentive grower	359
During each visit to the grow room	360

Table of contents

Bibliography and recommended reading.....	361
Books.....	361
Online.....	362
Index	363
Bio.....	371