Contents

PREFACE VII | ACKNOWLEDGMENTS IX

1 Histology & Its Methods of Study 1

Preparation of Tissues for Study 1
Light Microscopy 4
Electron Microscopy 8
Autoradiography 9
Cell & Tissue Culture 10
Enzyme Histochemistry 10
Visualizing Specific Molecules 10
Interpretation of Structures in Tissue Sections 14
Summary of Key Points 15

2 The Cytoplasm 17

Assess Your Knowledge 16

Cell Differentiation 17
The Plasma Membrane 17
Cytoplasmic Organelles 27
The Cytoskeleton 42
Inclusions 47
Summary of Key Points 51
Assess Your Knowledge 52

3 The Nucleus 53

Components of the Nucleus 53
The Cell Cycle 58
Mitosis 61
Stem Cells & Tissue Renewal 65
Meiosis 65
Apoptosis 67
Summary of Key Points 69
Assess Your Knowledge 70

4 Epithelial Tissue 71

Characteristic Features of Epithelial Cells 72
Specializations of the Apical Cell Surface 77
Types of Epithelia 80
Transport Across Epithelia 88
Renewal of Epithelial Cells 88
Summary of Key Points 90
Assess Your Knowledge 93

5 Connective Tissue 96

Cells of Connective Tissue 96
Fibers 103
Ground Substance 111
Types of Connective Tissue 114
Summary of Key Points 119
Assess Your Knowledge 120

6 Adipose Tissue 122

White Adipose Tissue 122 Brown Adipose Tissue 126 Summary of Key Points 127 Assess Your Knowledge 128

7 Cartilage 129

Hyaline Cartilage 129
Elastic Cartilage 133
Fibrocartilage 134
Cartilage Formation, Growth, & Repair 134
Summary of Key Points 136
Assess Your Knowledge 136

8 Bone 138

Bone Cells 138
Bone Matrix 143
Periosteum & Endosteum 143
Types of Bone 143
Osteogenesis 148
Bone Remodeling & Repair 152
Metabolic Role of Bone 153
Joints 155
Summary of Key Points 158
Assess Your Knowledge 159

9 Nerve Tissue & the Nervous System 161

Development of Nerve Tissue 161 Neurons 163 Glial Cells & Neuronal Activity 168 Central Nervous System 175 Peripheral Nervous System 182 Neural Plasticity & Regeneration 187 Summary of Key Points 190 Assess Your Knowledge 191

10 Muscle Tissue 193

Skeletal Muscle 193
Cardiac Muscle 207
Smooth Muscle 208
Regeneration of Muscle Tissue 213
Summary of Key Points 213
Assess Your Knowledge 214

11 The Circulatory System 215

Heart 215
Tissues of the Vascular Wall 219
Vasculature 220
Lymphatic Vascular System 231
Summary of Key Points 235
Assess Your Knowledge 235

12 Blood 237

Composition of Plasma 237 Blood Cells 239 Summary of Key Points 250 Assess Your Knowledge 252

13 Hemopoiesis 254

Stem Cells, Growth Factors, & Differentiation 254
Bone Marrow 255
Maturation of Erythrocytes 258
Maturation of Granulocytes 260
Maturation of Agranulocytes 263
Origin of Platelets 263
Summary of Key Points 265
Assess Your Knowledge 265

14 The Immune System & Lymphoid Organs 267

Innate & Adaptive Immunity 267
Cytokines 269
Antigens & Antibodies 270
Antigen Presentation 271
Cells of Adaptive Immunity 273
Thymus 276
Mucosa-Associated Lymphoid Tissue 281
Lymph Nodes 282
Spleen 286
Summary of Key Points 293
Assess Your Knowledge 294

15 Digestive Tract 295

General Structure of the Digestive Tract 295
Oral Cavity 298
Esophagus 305
Stomach 307
Small Intestine 314
Large Intestine 318
Summary of Key Points 326
Assess Your Knowledge 327

16 Organs Associated with the Digestive Tract 329

Salivary Glands 329
Pancreas 332
Liver 335
Biliary Tract & Gallbladder 345
Summary of Key Points 346
Assess Your Knowledge 348

17 The Respiratory System 349

Nasal Cavities 349
Pharynx 352
Larynx 352
Trachea 354
Bronchial Tree & Lung 354
Lung Vasculature & Nerves 366
Pleural Membranes 368
Respiratory Movements 368
Summary of Key Points 369
Assess Your Knowledge 369

18 Skin 371

Epidermis 372
Dermis 378
Subcutaneous Tissue 381
Sensory Receptors 381
Hair 383
Nails 384
Skin Glands 385
Skin Repair 388
Summary of Key Points 391
Assess Your Knowledge 391

19 The Urinary System 393

Kidneys 393
Blood Circulation 394
Renal Function: Filtration, Secretion, & Reabsorption 395
Ureters, Bladder, & Urethra 406

Summary of Key Points 411 Assess Your Knowledge 412

20 Endocrine Glands 413

Pituitary Gland (Hypophysis) 413
Adrenal Glands 423
Pancreatic Islets 427
Diffuse Neuroendocrine System 429
Thyroid Gland 429
Parathyroid Glands 432
Pineal Gland 434
Summary of Key Points 437
Assess Your Knowledge 437

21 The Male Reproductive System 439

Testes 439 Intratesticular Ducts 449 Excretory Genital Ducts 450 Accessory Glands 451 Penis 456 Summary of Key Points 457 Assess Your Knowledge 459

22 The Female Reproductive System 460

Ovaries 460
Uterine Tubes 470
Major Events of Fertilization 471
Uterus 471
Embryonic Implantation, Decidua, & the Placenta 478
Cervix 482
Vagina 483
External Genitalia 483
Mammary Glands 483
Summary of Key Points 488
Assess Your Knowledge 489

23 The Eye & Ear: Special Sense Organs 490

Eyes: The Photoreceptor System 490 Ears: The Vestibuloauditory System 509 Summary of Key Points 522 Assess Your Knowledge 522

APPENDIX 525
FIGURE CREDITS 527
INDEX 529