## Contents

Preface	v
Part One	
From the First to the Twelfth Dalai Lamas	1
Gedun Truppa, the First Dalai Lama	1
Gedun Gyatso, the Second Dalai Lama	18
Sonam Gyatso, the Third Dalai Lama	22
Yonten Gyatso, the Fourth Dalai Lama	26
Lozang Gyatso, the Fifth Dalai Lama	31
Tsangyang Gyatso, the Sixth Dalai Lama	44
Kelzang Gyatso, the Seventh Dalai Lama	50
Jampal Gyatso, the Eighth Dalai Lama	65
Lungtok Gyatso, the Ninth Dalai Lama	87
Tsutrim Gyatso, the Tenth Dalai Lama	90
Khedrup Gyatso, the Eleventh Dalai Lama	92
Trinley Gyatso, the Twelfth Dalai Lama	98
Part Two	
Tupden Gyatso, the Thirteenth Dalai Lama	103
Searching for the Soul Boy	103
The Hair-Shaving and Name-Giving Ceremony	106
The Enthronement	108
Taking the Getsul Vows	111
The Routine of the Dalai Lama	113
Tibet During the Minority of the Thirteenth Dalai Lama	118
Tibet's Resistance to Westerners' "Exploration" Attempts	120
The Murder of the Couriers	124
The Robbing of a Nepalese Merchant in Lhasa by	
Lamaist Monks	126
Britain Frustrated in Its Second Attempt to Enter Tibet	128

ii CONTENTS

The Demo Hutuktu Succeeds as Regent	130
The Ninth Panchen Is Established by the Drawing of Lots	131
Tibet's First War Against British Invaders	133
The First Treaty Between China and Britain on Tibet	149
The Gelong Ordination	160
Assuming Temporal Power	162
The Dispute over Nyagrong	166
The Murder of the Demo Hutuktu	171
How the Dalai and the Panchen Come to Dislike Each Other	173
Britain Becomes Insatiable in Its Demands	177
Imperial Russia Steps In	184
Tibetans Rise Again in Arms Against British Invaders	189
Peace Terms Dictated by the Aggressors	209
The Panchen in India: A British Conspiracy	219
The Second Sino-British Treaty on Tibet	222
The Qing's New Tibet Policy	226
Reforming the Tusi System in Kham	239
British Aggression against Ladakh and Bhutan	244
The Dalai Lama in Exile	250
Journey to the Nation's Capital	256
Returning to Tibet	266
Flight to India	275
British Imperialist Plots to Sever Tibet from China	288
Tibet After the 1911 Revolution	292
The Sichuan Army's Attempt to Return to Tibet	303
The Simla Conference	309
New Measures to Strengthen Serfdom	316
Invasion of Kham by the Tibetan Army	322
Bell Goes to Lhasa on Shady Business	329
The Panchen's Flight to the Interior	334
Contacts Between Tibet and the Central Government	338
The Tibetan Army Renews Its Attack on Kham	347
The Rivalry Between the Dalai and the Panchen	358
Tightening Monastic Discipline	377
The Dalai Lama Passes Away	381
Huang Musong's Mission of Homage to Tibet	386
The Panchen's Return to Tibet is Obstructed	392

CONTENTS

Part Three	
Tenzin Gyatso, the Fourteenth Dalai Lama	404
The Search and the Enthronement	404
"The Radreng Incident"	409
The "Hans, Go Home!" Incident	413
Agreement Signed for Peaceful Liberation	420
The Dalai Lama Welcomes the Return of the Panchen	434
Bibliography	439