

contents

An introduction to the <i>Fundamentals of Biomedical Science</i> series	xi	3.3 Kidney function tests	62
Online learning materials	xiii	3.4 Kidney disease	74
Preface	xv	3.5 Specific kidney disease	79
Contributors	xvii	Summary	85
Abbreviations	xix	Further reading	86
Reference ranges	xxiii	Questions	86
1 Biochemical investigations and quality control	1	4 Hyperuricaemia and gout	89
David Cameron		Joanne Marsden	
1.1 Nature of biochemical disorders	3	4.1 Sources of purines	92
1.2 Historical background	4	4.2 Purine catabolism and excretion	93
1.3 Modern clinical biochemistry laboratories	5	4.3 Hypouricaemia	95
1.4 Point-of-care testing	14	4.4 Hyperuricaemia	96
1.5 Evaluation of a clinical method	15	4.5 Clinical features of gout	97
1.6 Quality control	22	4.6 Diagnosis of gout	98
1.7 Audit	27	4.7 Treatment and management of gout	100
Summary	29	Summary	102
Further reading	29	Further reading	102
Questions	30	Questions	102
2 Automation	33	5 Fluid and electrolyte disorders	104
Tim James		Tim James	
2.1 Historical context	34	5.1 Water homeostasis	105
2.2 General automated chemistry systems	35	5.2 Assessing fluid and electrolyte status	108
2.3 Automated immunochemistry analysers	44	5.3 Disturbances of plasma sodium	110
2.4 Integration of processes and robotics	46	5.4 Disturbances of plasma potassium	114
2.5 Automation in specialized areas of clinical biochemistry	50	5.5 Plasma and urine osmolality	120
Summary	51	5.6 Chloride and bicarbonate	121
Further reading	51	Summary	123
Questions	52	Further reading	123
		Questions	124
3 Kidney disease	53	6 Acid-base disorders	125
Edmund Lamb		David Tierney	
3.1 Renal anatomy	54	6.1 Hydrogen ion (H^+) and pH	125
3.2 Renal physiology	57	6.2 Acids, bases, and buffers	127

6.3	Physiological role of H^+	130	9 Abnormalities of lipid metabolism	190
6.4	Production of surplus H^+	130	<i>Mike France</i>	
6.5	Hydrogen ion homeostasis	131	9.1	Types of lipids 191
6.6	Classification and investigation of acid-base disorders	137	9.2	Lipoproteins 194
6.7	Metabolic acid-base disorders	139	9.3	Lipoprotein (a) 202
6.8	Respiratory acid-base disorders	146	9.4	Classification of lipid disorders 204
6.9	Mixed acid-base disorders	150	9.5	Hypercholesterolaemia 206
6.10	Interpretation of acid-base data	151	9.6	Hypocholesterolaemia 209
	<i>Summary</i>	155	9.7	Hypertriglyceridaemia 212
	<i>Further reading</i>	155	9.8	Lipids, atheroma, and heart disease 213
	<i>Questions</i>	156	9.9	Measurement of lipids in clinical samples 215
7 Clinical enzymology and biomarkers	157		9.10	Assessment of cardiovascular risk 217
<i>Paul Collinson and Amy Lloyd</i>			9.11	Management of hyperlipidaemias 218
7.1	Enzymes and enzyme activities	158		<i>Summary</i> 222
7.2	Isoenzymes	159		<i>Further reading</i> 222
7.3	Biomarkers	161		<i>Questions</i> 223
7.4	Cardiac disease	161	10 Disorders of calcium, phosphate, and magnesium homeostasis	225
7.5	Cardiac disease, electrocardiogram, and biomarkers	163	<i>Nessar Ahmed</i>	
7.6	Development of heart disease	164	10.1	Distribution, function, and regulation of calcium 226
7.7	Cardiac biomarkers in clinical practice	165	10.2	Disorders of calcium homeostasis 232
7.8	Biomarkers of muscle damage for the diagnosis of acute myocardial infarction	169	10.3	Distribution, function, and regulation of phosphate 240
7.9	Natriuretic peptides	170	10.4	Disorders of phosphate homeostasis 242
7.10	Possible future biomarkers in cardiac disease	171	10.5	Distribution, function, and regulation of magnesium 247
	<i>Summary</i>	171	10.6	Disorders of magnesium homeostasis 249
	<i>Further reading</i>	172	10.7	Bone metabolism 254
	<i>Questions</i>	172	10.8	Markers of bone disease 255
8 Liver function tests	173		10.9	Metabolic bone disease 256
<i>Roy Sherwood</i>				<i>Summary</i> 260
8.1	Liver	173		<i>Further reading</i> 260
8.2	Diseases of the liver	178		<i>Questions</i> 261
8.3	Liver function tests	181	11 Abnormal pituitary function	263
8.4	The current liver function tests: pros and cons	188	<i>Garry McDowell</i>	
	<i>Summary</i>	188	11.1	Endocrine system 263
	<i>Further reading</i>	188	11.2	Structure of the hypothalamus and pituitary gland 265
	<i>Questions</i>	189		

11.3	Anterior pituitary hormones	268	13.13	Hypoglycaemia	329
11.4	Posterior pituitary hormones	271		<i>Summary</i>	331
11.5	Disorders of pituitary function	271		<i>Further reading</i>	332
11.6	Anterior pituitary hyperfunction	272		<i>Questions</i>	333
11.7	Anterior pituitary hypofunction	277	14	Adrenal disease	334
11.8	Posterior pituitary dysfunction	280		<i>John Honour</i>	
	<i>Summary</i>	282	14.1	Adrenal glands	335
	<i>Further reading</i>	282	14.2	Disorders of adrenal glands	345
	<i>Questions</i>	283	14.3	Investigation of adrenal disorders	355
12	Thyroid disease	284	14.4	Management of adrenal disorders	364
	<i>Garry McDowell</i>			<i>Summary</i>	365
12.1	Structure of the thyroid gland	284		<i>Further reading</i>	365
12.2	Thyroid hormones	286		<i>Questions</i>	366
12.3	Function of thyroid hormones	288	15	Reproductive endocrinology	367
12.4	Control of thyroid hormone secretion	289		<i>Ian Laing and Julie Thornton</i>	
12.5	Disorders of thyroid function	289	15.1	Reproductive endocrinology in the female	368
12.6	Hyperthyroidism	289	15.2	Hormonal changes in the menstrual cycle	372
12.7	Hypothyroidism	292	15.3	Menopause	375
12.8	Laboratory tests to determine the cause of thyroid dysfunction	295	15.4	Causes of anovulatory infertility	376
12.9	Interpretation of thyroid function tests	295	15.5	Polycystic ovary syndrome	378
	<i>Summary</i>	297	15.6	Investigations in female reproductive endocrinology	384
	<i>Further reading</i>	297	15.7	Management of anovulatory infertility	387
	<i>Questions</i>	298	15.8	Reproductive endocrinology in the male	389
13	Diabetes mellitus and hypoglycaemia	300	15.9	Limitations in assays for steroid and polypeptide hormones	393
	<i>Allen Yates and Ian Laing</i>			<i>Summary</i>	394
13.1	The islets of Langerhans	302		<i>Further reading</i>	395
13.2	Glucose-induced insulin secretion	302		<i>Questions</i>	396
13.3	Glucagon secretion	306	16	Biochemical nutrition	397
13.4	Insulin, glucagon, and the counter-regulatory hormones	306		<i>Patrick Twomey and William Simpson</i>	
13.5	Incretin hormones	309	16.1	Types of nutrients	397
13.6	Impaired glucose and lipid handling	309	16.2	Specific nutrients: macronutrients	399
13.7	Diagnosis, classification, and aetiology of diabetes	316	16.3	Specific nutrients: organic micronutrients	400
13.8	Acute complications of diabetes	320	16.4	Specific nutrients: inorganic micronutrients	408
13.9	Long-term complications of diabetes	322	16.5	Assessment of nutritional status	410
13.10	Evidence-based medicine and diabetes treatment	324	16.6	Disordered eating patterns	414
13.11	Treatments for diabetes	324	16.7	Nutritional intervention	416
13.12	Monitoring and management of diabetes	327		<i>Summary</i>	417
				<i>Further reading</i>	418
				<i>Questions</i>	418

17 Gastrointestinal disorders and malabsorption 420

Garry McDowell and Gordon Brydon

- 17.1 Gastrointestinal biochemistry and physiology 421
- 17.2 Biochemical investigation of gastrointestinal tract diseases 431
- 17.3 Management of gastrointestinal disease 441
- Summary* 442
- Further reading* 443
- Questions* 443

18 Specific protein markers 445

Gerald Maguire

- 18.1 Plasma proteins 445
- 18.2 Albumin 448
- 18.3 Alpha 1-antitrypsin 450
- 18.4 Haptoglobin 452
- 18.5 Caeruloplasmin 453
- 18.6 Transferrin 453
- 18.7 C-reactive protein 454
- 18.8 Immunoglobulins 455
- 18.9 Measuring concentrations of specific proteins 461
- Summary* 474
- Further reading* 474
- Questions* 475

19 Cancer biochemistry and tumour markers 477

Joanne Adaway and Gilbert Wieringa

- 19.1 Causes of cancer 478
- 19.2 Types of cancers 479
- 19.3 The effects of cancer 480
- 19.4 Cancer treatments 485
- 19.5 Tumour markers 487
- 19.6 The future of clinical biochemistry in cancer diagnostics 497
- Summary* 499
- Further reading* 500
- Questions* 500

20 Inherited metabolic disorders and newborn screening 502

Mary Anne Preece

- 20.1 Modes of inheritance 503

- 20.2 Effects of a metabolic block 505
- 20.3 Approaches to treatment 506
- 20.4 Laboratory testing for inherited metabolic disorders 506
- 20.5 Groups of metabolic disorders 509
- 20.6 Antenatal diagnosis 529
- 20.7 Newborn screening 530
- Summary* 532
- Further reading* 532
- Questions* 533

21 Therapeutic drug monitoring 534

Robin Whelpton, Nigel Brown, and Robert Flanagan

- 21.1 Drug administration, distribution, and elimination 535
- 21.2 Pharmacokinetics 541
- 21.3 Analytical methods 546
- 21.4 Therapeutic drug monitoring: practicalities 551
- 21.5 Therapeutic monitoring of specific drugs 554
- Summary* 558
- Further reading* 558
- Questions* 559

22 Chemical toxicology 560

Gwendolen Ayers

- 22.1 Types of poisons and poisoning 560
- 22.2 Clinical features of poisoning 563
- 22.3 Biochemical features of poisoning 563
- 22.4 Management of the poisoned patient 564
- 22.5 Laboratory investigation of poisoning 566
- 22.6 Toxicology of specific compounds 572
- Summary* 582
- Further reading* 582
- Questions* 582

Answers to self-check questions 584

Answers to case studies 590

Answers to end-of-chapter questions 599

Glossary 605

Index 629