

Contents

PART I FAMILIES, HEALTH, AND ILLNESS: BACKGROUND AND RATIONALE

The Family: A Dynamic Influence on Health and Illness, 3

2

Families Coping with Illness: The Resiliency Model of Family Stress, Adjustment, and Adaptation, 21

Marilyn A. McCubbin and Hamilton I. McCubbin

Illness and Health Maintenance as Potential Family Stressors, 65

PART II FAMILY COPING IN HEALTH AND ILLNESS

Dimensions of Illness That Affect the Family, 99

5

Family Coping with Health and Illness: A Critical Link, 129

PART III FAMILY INTERVENTIONS FOR HEALTH-CARE DELIVERY

6
Creation of a Health-Care System with a
Family Perspective, 153
7
Therapeutic Family Interventions, 191
8
Social Support and Mutual Support Groups, 213
9
The Family as a Resource for Wellness Promotion, 231
10
Formal Services Supportive of Family Caregivers, 251
PART IV
FAMILIES AND SPECIFIC ILLNESSES
11
Long-term Catastrophic Illness: Spinal Cord Injury, 275
12
Short-term Illness: Cholelithiasis, 313

13
Life-threatening Illness: Cancer, 345
14
Acute, Recurrent, and Resolvable Mental Illness Depression, 377
Appendix, 405
Glossary, 413