

Contents



Preface.....	xi
--------------	----

Introduction

Play	1
Movement	1
Playful Movement	1
Objectives	2
The Role of the Leader	4
Key to Icons Used with the Games	6

The Games

Games of Tag	15
Concentration Games	29
Hiding and Guessing Games	42
Reaction Games	59
Introduction Games.....	69
Cooperation Games	78
Trust Games	94
Expression Games	102
Games Using Materials	116
Music and Movement Games	138
The Games Arranged According to Age Groups.....	145

*A detailed list of the games indicating
appropriate age groups begins on the next page.*