

Contents

About the Author	vi
About the Contributors	vii
Foreword <i>Timothy P. Shriver</i>	ix
Acknowledgments	xii
Chapter 1 What Is Physical Education?	1
by Martin E. Block, Steven Elliott, and Amanda D. Stewart Stanec	
Chapter 2 What Is Inclusion?	15
by Martin E. Block and Iva Obrusnikova	
Chapter 3 A Team Approach to Inclusion in Physical Education	29
Chapter 4 Planning for Inclusion in Physical Education	47
Chapter 5 Assessment to Facilitate Successful Inclusion	77
Chapter 6 Instructional Modifications	111
Chapter 7 Curricular Modifications	127
Chapter 8 Modifying Group Games and Team Sports	145
Chapter 9 Facilitating Social Acceptance and Inclusion	173
by Martin E. Block and Iva Obrusnikova	
Chapter 10 Making Inclusive Physical Education Safe	189
by Martin E. Block and Mel L. Horton	
Chapter 11 Accommodating Students with Behavior Challenges	205
by Martin E. Block, Ron French, and Lisa Silliman-French	
Chapter 12 Including Students with Disabilities in General Aquatics Programs	239
by Martin E. Block and Philip Conatser	
Chapter 13 Including Students with Disabilities in General Community Recreation Programs	251
Chapter 14 Multicultural Education and Diversity Issues	281
by Ana Palla-Kane and Martin E. Block	
References	301
Resources	315
Index	333