

# CONTENTS

## **PART 1 INTRODUCTION I**

- 1 What Is Evidence-Based Physical Diagnosis? 3

## **PART 2 UNDERSTANDING THE EVIDENCE 7**

- 2 Diagnostic Accuracy of Physical Findings 9
- 3 Using the Tables in This Book 22
- 4 Reliability of Physical Findings 29

## **PART 3 GENERAL APPEARANCE OF THE PATIENT 41**

- 5 Mental Status Examination 43
- 6 Stance and Gait 48
- 7 Jaundice 63
- 8 Cyanosis 70
- 9 Anemia 74
- 10 Hypovolemia 76
- 11 Protein–Energy Malnutrition and Weight Loss 78
- 12 Obesity 82
- 13 Cushing Syndrome 86

## **PART 4 VITAL SIGNS 93**

- 14 Pulse Rate and Contour 95
- 15 Abnormalities of Pulse Rhythm 108
- 16 Blood Pressure 119
- 17 Temperature 135
- 18 Respiratory Rate and Abnormal Breathing Patterns 145
- 19 Pulse Oximetry 156

## **PART 5 HEAD AND NECK 159**

- 20 The Pupils 161
- 21 Diabetic Retinopathy 180



- 22 Hearing 186
- 23 Thyroid and Its Disorders 192
- 24 Meninges 210
- 25 Peripheral Lymphadenopathy 215

**PART 6 THE LUNGS 227**

- 26 Inspection of the Chest 229
- 27 Palpation and Percussion of the Chest 239
- 28 Auscultation of the Lungs 251
- 29 Ancillary Tests 267

**PART 7 SELECTED PULMONARY DISORDERS 269**

- 30 Pneumonia 271
- 31 Chronic Obstructive Lung Disease 277
- 32 Pulmonary Embolism 283
- 33 Pleural Effusion 288

**PART 8 THE HEART 291**

- 34 Inspection of the Neck Veins 293
- 35 Percussion of the Heart 307
- 36 Palpation of the Heart 309
- 37 Auscultation of the Heart: General Principles 320
- 38 The First and Second Heart Sounds 325
- 39 The Third and Fourth Heart Sounds 336
- 40 Miscellaneous Heart Sounds 345
- 41 Heart Murmurs: General Principles 351

**PART 9 SELECTED CARDIAC DISORDERS 371**

- 42 Aortic Stenosis 373
- 43 Aortic Regurgitation 379
- 44 Miscellaneous Heart Murmurs 388
- 45 Disorders of the Pericardium 400
- 46 Congestive Heart Failure 405
- 47 Coronary Artery Disease 413



**PART 10 ABDOMEN 423**

- 48 Inspection of the Abdomen 425
- 49 Palpation and Percussion of the Abdomen 428
- 50 Abdominal Pain and Tenderness 441
- 51 Auscultation of the Abdomen 453

**PART 11 EXTREMITIES 457**

- 52 Peripheral Vascular Disease 459
- 53 The Diabetic Foot 466
- 54 Edema and Deep Vein Thrombosis 470
- 55 Examination of the Musculoskeletal System 477

**PART 12 NEUROLOGIC EXAMINATION 511**

- 56 Visual Field Testing 513
- 57 Nerves of the Eye Muscles (III, IV, and VI): Approach to Diplopia 521
- 58 Miscellaneous Cranial Nerves 539
- 59 Examination of the Motor System: Approach to Weakness 550
- 60 Examination of the Sensory System 567
- 61 Examination of the Reflexes 581
- 62 Disorders of the Nerve Roots, Plexuses, and Peripheral Nerves 593
- 63 Coordination and Cerebellar Testing 610

**PART 13 SELECTED NEUROLOGIC DISORDERS 617**

- 64 Tremor and Parkinson Disease 619
- 65 Hemorrhagic versus Ischemic Stroke 624
- 66 Acute Vertigo and Imbalance 629
- 67 Examination of Nonorganic Neurologic Disorders 636

**PART 14 EXAMINATION IN THE INTENSIVE CARE UNIT 643**

- 68 Examination of Patients in the Intensive Care Unit 645

APPENDIX Likelihood Ratios, Confidence Intervals,  
and Pretest Probability 651