CONTENTS

8
SOME HIDDEN MOUNTAINS
Relief. Climate. Vegetation. Animal Life.

29 PEOPLES AND FAITHS

The Mountain Dwellers: Pathans, Sherpas, Gurkhas, Kafir Kalash.
Religions: Hinduism, Sikhism, Buddhism, Lamaism,
Om Mani Padmi Hum, Christian Parallels, Festivals and Pilgrimage.

127 EXPLORERS AND INVADERS

Alexander the Great. Ashoka, Beloved of the Gods. Chinese Travellers. Muslim Conquerors. Imperial Rivalry. Mountain Warfare. The Great Trigonometric Survey. The Pundits. Cold War

194

THE MOUNTAINS AND THE CLIMBERS
Conways's Expedition. Nanga Parbat. Kanchenjunga. K2.
Everest—the Early Attempts. Nanda Devi. Annapurna.
Everest—the Conquest. Solo Ascents.

239

LIVING ON THE HEIGHTS

Communications. Environmental Threats. Tradition and Change.
Agriculture and Forestry. Power and Mining.
Adaptation and Continuity. Crafts.

263

ARTISTIC INSPIRATION

Art, Architecture, Literature, Music. Through Western Eyes.
Appendix. Index.