Contents

Introduction I

Chapter 1: Control and Violence in Intimate Relationships 5

Intimate Terrorism and Other Types of Partner Violence 7

Intimate Terrorism 7

Violent Resistance 10

Situational Couple Violence II

Mutual Violent Control 12

Doing Research on Intimate Terrorism and Other Types of Partner Violence 12

Asking the Right Questions: The Nature of Coercive Control 13

Not Asking the Right Questions: The Battered Husband Fiasco 17

When the Right Questions Aren't Asked, Where Do We Find the Types? 23

Chapter 2: Intimate Terrorism: Controlling Your Partner 25

The Basic Characteristics of (Heterosexual Men's) Intimate Terrorism 26

Nonviolent Control Tactics 26

The Nature and Pattern of the Violence 29

Who Are the Intimate Terrorists? 30

Two Types of Intimate Terrorists: Psychological Commonalities and Differences 31

Risk Markers for Intimate Terrorism 33

The Effects of Intimate Terrorism 37

Economic Effects 38

Physical Health 39

Psychological Health 41

Effects on the Relationship with the Abuser 43

Incipient Intimate Terrorism/Nonviolent Coercive Control 46

Chapter 3: Fighting Back: Violent Resistance 48

Women Coping with Intimate Terrorism 48

Violent Resistance 51

Leaving 53

Desperate Acts 55

The Good News 59

Chapter 4: Conflicts That Turn Violent: Situational Couple Violence 60

Variability in the Violence Itself 61

The Causes of Chronic Situational Couple Violence 62

Sources of Couple Conflict 63

Couple Communication Patterns That Affect Escalation to Violence 65

Individual Background and Personality Factors That Affect

Escalation to Violence 67

The Effects of Situational Couple Violence 69

Physical Health 69

Psychological Health 69

The Relationship with the Abuser 70

The Essential Variability of Situational Couple Violence 70

Chapter 5: Implications for Intervention, Prevention, and Research 72

Implications for Intervention 72

Shelters and Other Battered Women's Services 73

Law Enforcement 75

Batterer Programs 78

Family Court and Child Protective Services 81

Coordinated Community Response 83

Implications for Prevention 83

Implications for Research 84

Appendix A:

Identifying Intimate Terrorism and Other Types of Partner Violence 87

Measuring Coercive Control 87 Identifying High Coercive Control 90 What Is the Role of Violence in the Typology? 91 The Data in this Book 91 Samples and Measures Used in the Analyses for This Book 92 Johnson et al.: Six Other Papers 94

Appendix B: Stalking and Separation-Precipitated Violence 102

Intimate Terrorism and the Risks of Leaving 102 Separation-Precipitated Violence That May Be Situational Couple Violence 103

Appendix C: Gender and Intimate Partner Violence 105

Gender and Intimate Terrorism 105 What About Situational Couple Violence? 107 A Note on Same-Sex Relationships 109

Notes III References 141 Index 155