Contents

	Note on Terminology	xiii
	INTRODUCTION	xvii
	The Nature of Abusive Thinking	
1.	THE MYSTERY	3
2.	THE MYTHOLOGY	21
3.	THE ABUSIVE MENTALITY	49
4.	THE TYPES OF ABUSIVE MEN	76
	The Abusive Man in Relationships	
5.	How Abuse Begins	109
6.	THE ABUSIVE MAN IN EVERYDAY LIFE	136

7.	ABUSIVE MEN AND SEX	•	171
8.	ABUSIVE MEN AND ADDICTION		191
9.	THE ABUSIVE MAN AND BREAKING UP		210
	The Abusive Man in the World		
10.	ABUSIVE MEN AS PARENTS		235
11.	ABUSIVE MEN AND THEIR ALLIES		273
12.	THE ABUSIVE MAN AND THE LEGAL SYSTEM		291
	PARTIV		
	Changing the Abusive Man		
13.	THE MAKING OF AN ABUSIVE MAN		317
14.	THE PROCESS OF CHANGE		334
15.	CREATING AN ABUSE-FREE WORLD		367
	RESOURCES		391
	INDEX		401