Contents

	Acknowledgements Introduction	1
1	Adult learners: what you need to know	6
2	The first session	44
3	Giving feedback	58
4	Understanding your group	77
5	Facilitating	107
6	Action learning	144
7	Problem-based learning	160
8	Coaching	174
9	Role play and simulation	197
0	Delivering information: lecturing, demonstrating and blended learning	219
1	Design for learning	238
2	Evaluating	262
	Index	281