# Contents

Contributors ..... ix

Foreword: Narrowing the Science–Policy Gap ..... xi
*Lennart Levi*

Preface ..... xvii

**Part I. Mission and History ..... 1**

1. Overview of Occupational Health Psychology: Public Health in Occupational Settings ..... 3
*Lois E. Tetrick and James Campbell Quick*

2. A History of Occupational Health Psychology ..... 21
*Julian Barling and Amanda Griffiths*

**Part II. Models and Frameworks ..... 35**

3. Theories of Occupational Stress ..... 37
*Daniel C. Ganster and Pamela L. Perrewé*

4. Savoring Eustress While Coping With Distress: The Holistic Model of Stress ..... 55
*Debra L. Nelson and Bret L. Simmons*

5. Controlling Occupational Safety and Health Hazards ..... 75
*Michael J. Smith and Pascale Carayon*

6. An Integral Framework for Organizational Wellness: Core Technology, Practice Models, and Case Studies ..... 95
*Joel B. Bennett, Royer F. Cook, and Kenneth R. Pelletier*

7. Cross-Cultural Occupational Health Psychology ..... 119
*Chu-Hsiang Chang and Paul E. Spector*

**Part III. Causes and Risks ..... 139**

8. Safety Climate: Conceptual and Measurement Issues ..... 141
*Dov Zohar*

9. Work–Family Balance: A Review and Extension of the Literature ..... 165
*Jeffrey H. Greenhaus and Tammy D. Allen*

10. Work Schedules, Health, and Safety ..... 185
*Carlla S. Smith, Simon Folkard, Philip Tucker, and Michael S. Evans*

11. The Impact of Organizational Justice on Occupational Health ..... 205
*Russell Cropanzano and Thomas A. Wright*

**Part IV. Symptoms and Disorders ..... 221**

12. Job-Related Burnout: A Review of Major Research Foci and Challenges ..... 223
*Arie Shirom*

13. Workplace and Cardiovascular Disease: Relevance and Potential Role for Occupational Health Psychology ..... 243
*Paul A. Landsbergis, Peter L. Schnall, Karen L. Belkic, Dean Baker, Joseph E. Schwartz, and Thomas G. Pickering*

14. Pain, Musculoskeletal Injuries, and Return to Work ..... 265
*Robert J. Gatchel and Nancy Kishino*

15. Alcohol and Illicit Drug Use in the Workforce and Workplace ..... 277
*Michael R. Frone*

**Part V. Interventions and Treatment ..... 297**

16. Job Stress Interventions and Organization of Work ..... 299
*Norbert K. Semmer*

17. Worksite Health Interventions: Targets for Change and Strategies for Attaining Them ..... 319
*Catherine A. Heaney*

18. Employee Assistance Programs: Strengths, Challenges, and Future Roles ..... 337
*Cary L. Cooper, Philip D. Dewe, and Michael P. O'Driscoll*

19. Occupational Health and Safety Leadership ..... 357
*Jane Mullen and E. Kevin Kelloway*

**Part VI. Methodology and Evaluation ..... 373**

20. An Epidemiological Perspective on Research Design, Measurement, and Surveillance Strategies ..... 375
*Stanislav V. Kasl and Beth A. Jones*

21. Program Evaluation: The Bottom Line in Organizational Health ..... 395
*Joyce A. Adkins, Susan Douglas Kelley, Leonard Bickman, and Howard M. Weiss*

Index ..... 417

About the Editors ..... 441