

1	My family, my friends & me	4
2	In my free time	8
3	Eating in, eating out	12
4	What are you doing now?	16
5	Great places to visit	20
6	Getting there	24
7	School rules!	28
8	We had a great time!	32
9	What's on?	36
10	Are you an outdoors person?	40
11	Healthy body, healthy mind	44
12	Technology & me	48
	Vocabulary Extra	52
	Audio scripts	58
	Acknowledgements	63