
Contents

Author biographies ix

Acknowledgements xii

Introduction 1

LEWIS ARON, SUE GRAND, AND JOYCE SLOCHOWER

1. Going too far: relational heroines and relational excess 8

JOYCE SLOCHOWER

2. The emergence of the relational tradition:
Lewis Aron interviews Jay Greenberg 35

JAY GREENBERG AND LEWIS ARON

3. Relational psychoanalysis and its discontents 63

EMANUEL BERMAN

4. Forms of equality in relational psychoanalysis 80

DAVID MARK

5. Needed analytic relationships and the disproportionate
relational focus on enactments 102

STEVEN STERN

6. Inaction and puzzlement as interaction: keeping
attention in mind 132

STEPHEN SELIGMAN

7. The analyst's private space: spontaneity, ritual,
psychotherapeutic action, and self-care 150
KEN CORBETT
8. The unobtrusive relational analyst and psychoanalytic
companioning 167
ROBERT GROSSMARK
9. The things we carry: finding/creating the object and
the analyst's self-reflective participation 191
STEVEN H. COOPER
10. Relational theory in socio-historical context:
implications for technique 209
LYNNE LAYTON

Index 235