## Contents

Foreword Acknowledgements About the authors	viii ix x
Introduction	broundis OMM ent of beggon A and street north and north
1 What is meant by reflection and reflective p	practice? 5
2 Life-wide, life-long and life-deep learning a	nd reflection 28
3 Autobiographical reflection and learning	47
4 Reflective models and frameworks	70
5 Creating space for reflection	88
6 Reflection and reflexivity	104
7 The reflective practitioner	119
8 Guided reflection and reflecting with other	
9 Reflective writing	158
10 Using new media for reflecting	183
11 Critical reflection	196 3401103 23553 341 11308A
Glossary References Index	214 217 227