Contents

	Preface	xiii
	Prologue: Public Health in the News	XV
Par	t I: What Is Public Health? 'Share Humans with Studying Humans	1
1	Public Health: Science, Politics, and Prevention	3
	What Is Public Health? Public Health Versus Medical Care The Sciences of Public Health Prevention and Intervention Public Health and Terrorism Conclusion References	4 5 7 10 11 13 13
2	Why Is Public Health Controversial?	15
	Economic Impact Individual Liberty Moral and Religious Opposition Political Interference with Science Conclusion References	18 20 22 23
3	Powers and Responsibilities of Government	25
	Federal Versus State Authority How the Law Works How Public Health Is Organized and Paid for in the United States Nongovernmental Role in Public Health Conclusion References	28 29 36 37
Pai	rt II: Analytical Methods of Public Health	39
4	Epidemiology: The Basic Science of Public Health How Epidemiology Works A Typical Epidemiologic Investigation—Outbreak of Hepatitis Legionnaires' Disease	41 42 43 44
	Eosinophilia-Myalgia Syndrome Epidemiology and the Causes of Chronic Disease	47

	Heart Disease Lung Cancer Conclusion References	49 51 53 54
5	Epidemiologic Principles and Methods	57
	Kinds of Epidemiologic Studies	62
	Conclusion	67
	References away to a supplier the supplier to	68
6	Problems and Limits of Epidemiology	69
	Problems with Studying Humans	69
	Sources of Error	71
	Proving Cause and Effect Epidemiologic Studies of Hormone Replacement	73
	Epideillologic olddies of Florillolic Repideellelli	74
	Therapy—Confusing Results Ethics in Epidemiology	75
	Conflicts of Interest in Drug Trials	78
	Conclusion Conclusion Conclusion	
	References	81
7	Statistics: Making Sense of Uncertainty	83
	The Uncertainty of Science	84
	Probability topomic Impact	
	The Statistics of Screening Tests	
	Rates and Other Calculated Statistics	
	Kisk Assessified and Kisk refeephon	
	Cost-Benefit Analysis and Other Evaluation Methods Conclusion	
	References	100
8	The Role of Data in Public Health	103
28		
	Vital Statistics The Census 2 beting only and not of big because as a most side of work was all work.	
	NCHS Surveys and Other Sources of Health Data	
	Is So Much Data Really Necessary?	108
	Accuracy and Availability of Data	
	Confidentiality of Data	111
	Conclusion References	112
Pa	rt III: Biomedical Basis of Public Health	
9	The "Conquest" of Infectious Diseases	
47	Infectious Agents	118
	Means of Transmission seesal Colored a leasure and box ypoloimebig	120

	Chain of Infection Rabies		105
	Smallpox, Measles, and Polio		10/
	Fear of Vaccines		100
	Conclusion		101
	References		122
10	The Resurgence of Infection	ous Diseases (penganival ent pr	135 Changin
	The Biomedical Basis of AIDS		135
			140
	Influenza New Bacterial Threats		
	Multidrua-Resistant Tuberculosis	ol Trends in Smoking on (BT RDM) a	150
	FIIOIIS		1.24
	Public Health Response to Emer	rging Infections	155
	Public Health and the Threat of	Bioterrorism and dispersional program and a second	156
	Conclusion		molilo 157
	References		1/7
11	The Biomedical Basis of C		100
	Cardiovascular Disease		10.3
	Cancer		169
	Diabetes		1/1
	Other Chronic Diseases Conclusion		
	References		172
10		iology of Obesity	
IZ	Genetic Diseases and Oth	her Inborn Errors molital Ab	
	Environmental Teratogens		176
	Genetic Diseases		1//
	Genetic and Newborn Screening Genomic Medicine	ng Physical Activity and Physical Activity	100
	Ethical Issues and Genetic Disea		107
	Conclusion		187
	References		188
Par	t IV: Social and Behavioral	Factors in Health	191
13	Do People Choose Their (Own Health? Shirte Injuries	103
	Education		107
	Regulation		200
	Does Prohibition Work?		000
	Conclusion References		203
	NOIGI GIICG3		/113

14	How Psychosocial Factors Affect Health Behavior	205
	Health of Minority Populations	207
	Stress and Social Support	
	Psychological Models of Health Behavior	209
	Ecological Model of Health Behavior	211
	Health Promotion Programs	213
	Changing the Environment	215
	Conclusion	216
	References	217
15	Public Health Enemy Number One: Tobacco	219
	Biomedical Basis of Smoking's Harmful Effects	221
	Historical Trends in Smoking and Health	221
	Regulatory Restrictions on Smoking—New Focus	
	on Environmental Tobacco Smoke	225
	Advertising—Emphasis on Youth	220
	raxes as a robite reduit Measure	221
	Camornia's robacco Comor rogram	220
	The Master Settlement Agreement (MSA)	230
	FDA Regulation Electronic Cigarettes	232
	Conclusion into al Science	233
	References	233
17		234
16	Public Health Enemy Number Two and Growing:	
	Poor Diet and Physical Inactivity	237
	Epidemiology of Obesity	238
	Diet and Nutrition	242
	Promoting Healthy Eating	243
	Physical Activity and Health	247
	How Much Exercise Is Enough, and How Much Do People Get?	249
	Promoting Physical Activity	250
	Confronting the Obesity Epidemic	252
	Conclusion References	254
881	Accumes and Availability of Data	254
17	Injuries Are Not Accidents	259
	Epidemiology of Injuries	260
	Analyzing Injuries	263
	Motor Vehicle Injuries	264
	Pedestrians, Motorcyclists, and Bicyclists	267
	Poisoning	268
	Firearms Injuries	269
	Occupational Injuries	271
	Injury from Domestic Violence	272

Contents

	Nonfatal Traumatic Brain Injuries Tertiary Prevention Control of the Industrial Control of the	
	Conclusion References References	274
18	Maternal and Child Health as a Social Problem and Child Health as a Social Problem	201
	Maternal and Infant Mortality Infant Mortality—Health Problem or Social Problem? Preventing Infant Mortality Family Planning and Prevention of Adolescent Pregnancy Nutrition of Women and Children Children's Health and Safety Conclusion References	282 283 285 290 292 293 296
19	Mental Health: Public Health Includes	
908 078 878 878 888 888 888 888 888 888 988	Major Categories of Mental Disorders Anxiety Psychosis Disturbances of Mood Disturbances of Cognition Epidemiology Causes and Prevention Children Eating Disorders Mental Health in Adulthood Mental Health in Older Adults Treatment Conclusion References TV: Environmental Issues in Public Health	302 302 302 303 306 307 308 310 310 311 311
20	A Clean Environment: The Basis of Public Health	
998 101	Role of Government in Environmental Health Identification of Hazards Pesticides and Industrial Chemicals	316 317 321
	Occupational Exposures—Workers as Guinea Pigs New Source of Pollution—Factory Farms Setting Standards—How Safe Is Safe? Risk—Benefit Analysis Conclusion References	324 325 326

21	Clean Air: Is It Safe to Breathe?	333
	Criteria Air Pollutants Mollons	334
	Strategies for Meeting Standards	336
	Indoor Air Quality als of Health Behavior	341
	Global Effects of Air Pollution	342
	Conclusion of the Programs will attack the line of the long to the land of the	344
	References Environmental lossos no meldori interest evillation inch	345
22	Clean Water: A Limited Resource	349
	Clean Water Act anonger I Inesselob A to notine and bno grinnol I ylims	350
	Safe Drinking Water	352
	Dilemmas in Compliance and Harmful and Mulad broud look a nerblid	
	Is the Water Supply Running Out?	300
	Conclusion	300
	References mental Tabacca and the latest the	367
23	Solid and Hazardous Wastes:	
	What to Do with the Garbage?	369
	Sanitary Landfills	370
	Alternatives to Landfills	0/2
	Hazardous Wastes	3/3
	Coal Ash	0//
	Conclusion ypolomebia	3//
	References nonnevery bnd seaub	0/0
24	Safe Food and Drugs: An Ongoing	
	Regulatory Battle	001
	Causes of Foodborne Illness	382
	Government Action to Prevent Foodborne Disease	383
	Additives and Contaminants	388
	Drugs and Cosmetics	389
	Food and Drug Labeling and Advertising	390
	Politics of the FDA	392
	Conclusion	394
-	References (IIIDSH 5)Idu 10 2/200	395
25	Population: The Ultimate Environmental	
	Health Issue	399
	Public Health and Population Growth	401
	Global Impact of Population Growth—Depletion of Resources	403
	Global Impact of Population Growth—Climate Change	406
	Dire Predictions and Fragile Hope	409
	Conclusion Region A. Phone B. And	411
	References	412

Pari	VI: Medical Care and Public Health ideal to entire and Filly	415
26	Is the Medical Care System a Public Health Issue?	417
494 495	When Medical Care Is a Public Health Responsibility and to sequently the Conflict Between Public Health and the last of senage and the la	418
	Medical Profession Licensing and Regulation between box points of vanegues to select the selection of the s	422
	Ethical and Legal Issues in Medical Care Ethical Issues in Medical Resource Allocation Conclusion References	423 426 427 428
27	Why the U.S. Medical System Needs Reform	431
	Problems with Access Why Do Costs Keep Rising? Approaches to Controlling Medical Costs Managed Care and Beyond The Patient Protection and Affordable Care Act Rationing Conclusion References	432 435 436 437 439 440 442 443
28	Health Services Research: Finding What Works	447
	Reasons for Practice Variations The Field of Dreams Effect Outcomes Research Quality Medical Care Report Cards Inequities in Medical Care The Relative Importance of Medical Care for	448 450 451 454 456 458
	Public Health Principles by presenting stories that has	461
	Conclusion References References	463 464
29	Public Health and the Aging Population	469
	The Aging of the Population—Trends Health Status of the Older Population General Approaches to Maximizing Health	470 472
	in Old Age	473
	Preventing Disease and Disability in Old Age Medical Costs of the Elderly	476 482
	Medical Costs of the Elderly Proposals for Rationing	485
	Conclusion Change as contributors to wars and miss	487
	References	487

Part VII: The Future of Public Healthaid and and Incident IV	491
30 Emergency Preparedness, Post-9/11 Types of Disasters and Public Health Responses New York's Response to the World Trade Center Attacks Response to Hurricane Katrina Principles of Emergency Planning and Preparedness Bioterrorism Preparedness Pandemic Flu Conclusion References 31 Public Health in the Twenty-First Century: Achievements and Challenges Challenges for the 21st Century Strategic Planning for Public Health	494 495 496 500 502 506 507 509 513
Strategic Planning for Public Health Dashed Hopes for the Integration of Public Health and Medical Practice Information Technology The Challenge of Biotechnology The Ultimate Challenge to Public Health in the Twenty-First Century Conclusion References Glossary Index	520 521 523 523 524 525