## **Contents**

	Map of the book	iv
	Acknowledgements	vi
	Introduction	1
1	ACHIEVERS	2
2	SHOP TILL YOU DROP	6
3	FREEDOM	10
4	2020	14
5	REVIEW OF UNITS 1-4	18
6	ONCE UPON A TIME	20
7	P'S AND Q'S	24
8	THE LANGUAGE OF COLOUR	28
9	TIME OUT	32
10	REVIEW OF UNITS 6–9	36
11	DOING TIME	38
12	MORAL MAZE	42
13	FEEL-GOOD FACTORS	46
14	STYLE FILE	50
15	BASIC INSTINCT	54
16	REVIEW OF UNITS 11–15	58
	Supplementary material	60
	Tapescripts	64
Phonetic symbols		e back cover