

1	Numbers (1)	<i>Vocabulary</i>	numbers 1-100; a hundred, a thousand, a million	12
2	Numbers (2)	<i>Vocabulary</i> <i>Phrases</i>	first, second, third, fourth ...; 1st, 2nd, 3rd, 4th ... on the (4th) floor; on the (4th) of (May)	14
3	Time (1)	<i>Phrases</i>	It's (two) o'clock; half past, quarter past/to; 5, 10, 20, 25 past/to What time is it? What's the time?	16
4	Time (2)	<i>Vocabulary</i> <i>Phrases</i>	2.30, two thirty at (half past eight); at (6 o'clock) in the morning before, after (lunch)	18
5	Days	<i>Phrases</i>	on (Monday); at (the weekend), every (day, Friday, weekend) in (the morning), at (night); on (Tuesday morning)	20
6	Months and seasons	<i>Vocabulary</i> <i>Phrases</i>	January, February... December in (January); (in the) spring, summer, autumn, winter	22
7	Time phrases	<i>Vocabulary</i> <i>Phrases</i>	day, week, month, year this (Friday, week), next (March, summer) today; this morning/afternoon/evening, tonight tomorrow morning/afternoon/evening/night	24
8	Age	<i>Phrases</i> <i>Vocabulary</i>	(ten) years old; (five) days/weeks/months old How old is/are ...? nearly, about, over (thirty)	26
9	Frequency	<i>Grammar</i>	It often (rains), It doesn't often (rain) They always, sometimes, never (work) I usually (wear), I don't, She doesn't usually (wear)	28
10	Singular and plural	<i>Grammar</i>	a table, tables <i>Plural endings</i> : -s, -es, -ies, -ves (cars, boxes, lorries, knives ...) men, women, children, people	30
11	a, an, some	<i>Grammar</i>	a (girl), an (ice cream); a (young man), an (old man) a black dress, black shoes; some (bananas)	32
12	the	<i>Grammar</i>	a (melon), the (melon), some (oranges), the (oranges) the Amazon, the Mediterranean; England, London the centre (of), the north/south/east/west (of)	34

13 this, that, these, those	<i>Grammar</i>	this is, that is (that's), these are, those are this/that (radio), these/those (cups)	36
	<i>Phrases</i>	That's right, That's a good idea, That's interesting/wonderful/terrible	
14 Countable and uncountable nouns	<i>Grammar</i>	<i>Countable nouns</i> (a book, books) <i>Uncountable nouns</i> (water, money)	38
	<i>Phrases</i>	a bottle of (oil), a bowl of (rice), a cup of (coffee), a glass of (water)	
15 some and any	<i>Grammar</i>	a (tree), some (trees), a (spoon), some (sugar) (there's) a, (there's) some; (there isn't) any, (there aren't) any	40
16 a lot, much, many	<i>Grammar</i>	(He eats) a lot, (He does) not (eat) much a lot of (meat, sweets), not much (meat), not many (sweets) How much (sugar)? How many (eggs)?	42
17 Pronouns (1)	<i>Grammar</i>	I, we, you; he, she, it, they	44
18 Pronouns (2)	<i>Grammar</i>	me, us, you; him, her, it, them	46
19 my; your, his, their...	<i>Grammar</i>	my, our, your; his, her, their 's: Kimiko's, my brother's	48
20 Place prepositions (1)	<i>Phrases</i>	in (the drawer), on (the table, wall), under (the mat), over (the door); by (the window) in (England, the country, the centre of); on (a river, a road, the edge of)	50
21 Place prepositions (2)	<i>Phrases</i>	next to, beside, in front of, behind, between next to, near, opposite (the station) above (the clouds), below (the clouds)	52
22 at and to	<i>Phrases</i>	at (the station, a party); be at (the airport), go to (the airport) at work/school/home; go to work, go to school, go home	54
23 Direction prepositions	<i>Phrases</i>	into / out of (the room), on(to)/off (the shelf) up/down (the steps), over/ under (the bridge) along/across (the road), through (the gate)	56
24 Giving directions	<i>Phrases</i>	Turn left, Turn right, Go straight on (along/down this road) Turn right/left at (the cafe), Go past (the cinema) How do I get to...? Can you tell me the way to ...?	58
25 People	<i>Vocabulary</i> <i>Phrases</i>	man, woman, boy, girl, baby, teenager (He/She is) tall/short; (He/She has) brown/fair/black/grey hair (He/She has) green/blue/brown eyes; glasses, a beard a man with a beard, a woman with glasses, a girl with long hair	60

26 The body	<i>Vocabulary</i>	<i>The face:</i> head, eyes, ears, nose, mouth, hair <i>The body:</i> head, neck, arm, hand, leg, foot/feet; wing, tail	62
	<i>Phrases</i>	a long, thin face; a round face, a large/small mouth/nose large/small eyes/ears	
27 Clothes	<i>Vocabulary</i>	coat, dress, glasses, hat, jacket, jeans, jumper, shirt, shoes, skirt, suit, T-shirt, tie, top, trousers; bag, suitcase, umbrella	64
	<i>Phrases</i>	wear (a hat), carry (a bag) put on (your coat), take off (your coat); get dressed/undressed	
28 The family	<i>Vocabulary</i>	mother, father, brother, sister, son, daughter, husband, wife; parents, children	66
	<i>Phrases</i>	He is/isn't married; I'm / I'm not married She has (two) children, doesn't have any children, has a brother/sister, doesn't have any brothers or sisters	
29 Work	<i>Vocabulary</i>	<i>Places:</i> bank, bookshop, hospital, hotel, office, school, shop, supermarket, restaurant <i>Jobs:</i> secretary, shop assistant, doctor, nurse, receptionist, teacher, waiter/waitress	68
	<i>Phrases</i>	work in (a hotel), work for (BMW) What do you do? Where do you work?	
30 Sport and leisure	<i>Vocabulary</i>	<i>Sports:</i> basketball, football, golf, table tennis, tennis, volleyball; play (football, chess), watch (football)	70
	<i>Phrases</i>	go dancing, fishing, running, skiing, swimming, walking play the guitar/piano, play cards/chess, play a computer game	
31 Transport	<i>Vocabulary</i>	bike, boat, bus, car, motorbike, plane, taxi, train, tram	72
	<i>Phrases</i>	leave, arrive in, get to in (a car), on (a bus); go by (bike, train), walk	
32 Communicating	<i>Vocabulary</i>	email, fax, letter, text (message) address, email address, fax number, mobile number, phone number	74
	<i>Phrases</i>	computer, fax machine, mobile (phone), phone, photocopier email, fax, phone/call, text, write to (them) send (them) an email, a fax, a letter, a text (message) Can I use (your phone)?	
33 Money	<i>Vocabulary</i>	one dollar/euro/pound; dollars, euros, pounds	76
	<i>Phrases</i>	one dollar fifty, two pounds fifty It costs about (\$100) He/She earns ...; €5,000 a day/week/month/year	
	<i>Grammar</i>	How much is/are ...? How much does/do ... cost?	

34 Shops and shopping	<i>Vocabulary</i>	<i>Shops:</i> baker, bookshop, butcher, chemist, clothes shop, flower shop, newsagent, shoe shop, supermarket buy; sell	78
	<i>Phrases</i>	I'd like ..., Can I have ...? opens/closes (at); is open/closed	
35 Towns	<i>Vocabulary</i>	bank, bus station, cafe, car park, church, cinema, hotel, library, market, park, post office, railway station, restaurant, sports centre, supermarket, swimming pool, theatre building, car park, floor(s), garage, garden, lift, stairs, steps	80
	<i>Phrases</i>	Where's (the hotel)? It's near / next to / opposite (the bank) It's at the end/corner of (Green Street)	
36 The countryside	<i>Vocabulary</i>	bridge, cat, cow, dog, fence, field, flower, gate, grass, hill, horse, path, road, sheep, stream, tree, wall, wood	82
37 Natural features	<i>Vocabulary</i>	beach, forest, hill, island, lake, mountain, river, sea	84
	<i>Phrases</i>	on a (lake, river), on the (coast, sea), in the (mountains) north, south, east, west; centre in the (north) of ..., in the centre of...	
38 Weather	<i>Phrases</i>	What's the weather like? It's lovely, beautiful; very good, quite good, not very good; awful, terrible It's hot, cold, warm, cool clouds, sun, rain, snow; It's cloudy/sunny, It's raining/snowing	86
39 Countries, nationalities, languages	<i>Vocabulary</i>	(He's/She's from) Brazil, Britain, China, Egypt, England, France, Germany, Italy, Japan, Russia, Spain, the USA (He's/She's) American, Brazilian, British, Chinese, Egyptian, English, French, German, Italian, Japanese, Russian, Spanish	88
	<i>Phrases</i>	I speak / don't speak (Arabic, Chinese, English)	
40 Things	<i>Vocabulary</i>	brush, comb, credit card, keys, mobile (phone), money, passport, pen, phone, ring, tissues, watch book, clock, computer, cushion, lamp, magazine, mirror, newspaper, picture, plant, radio, television	90
41 Rooms and furniture	<i>Vocabulary</i>	<i>Rooms:</i> balcony, bathroom, bedroom, kitchen, living room, study <i>Furniture:</i> armchair, bath, bed, chair, cooker, cupboard, desk, fridge, shelves, shower, sofa, table, television/TV, toilet	92
	<i>Phrases</i>	on the wall, on the floor, by the door, by the window, in the corner	

42 Food and drink (1)	<i>Vocabulary</i>	<i>Food:</i> bread, butter, cheese, eggs, fish, fruit, meat, pasta, rice, vegetables <i>Drink:</i> coffee, fruit juice, lemonade, milk, tea, water <i>Fruit:</i> apples, bananas, grapes, lemons, melon, oranges, peaches, pineapple, strawberries <i>Vegetables:</i> aubergines, beans, cabbage, carrots, garlic, onions, peas, potatoes, tomatoes	94
	<i>Phrases</i>	a kilo, two kilos, half a kilo of (meat) a litre, two litres, half a litre of (water)	
43 Food and drink (2)	<i>Vocabulary</i>	burger, chicken, chips, kebab, pizza, salad, sandwich, spaghetti, soup, steak, rice <i>Snacks:</i> biscuits, cake, chocolate, crisps, ice cream, sweets fat, flour, sugar	96
	<i>Phrases</i>	an (Indian) restaurant; They have (Indian) food; You can eat (Indian) food here	
44 Meals	<i>Phrases</i>	have breakfast, lunch, dinner (at 7.00) have (eggs) for (breakfast)	98
	<i>Vocabulary</i>	bowl, chopsticks, cup, fork, glass, knife, plate, salt, saucer, spoon, pepper cup and saucer, knife and fork, salt and pepper	
45 Adjectives (1)	<i>Vocabulary</i>	old, new, young, big/large, small, good, bad, clean, dirty, cheap, expensive, hot, cold; a big (house), clean (shoes)	100
	<i>Phrases</i>	(It's) very (big), It's quite (big)	
46 Adjectives (2)	<i>Vocabulary</i>	good, bad; wonderful, great, excellent, awful, terrible very/really good, quite good, not very good, very/really bad (very) nice, lovely beautiful, ugly, comfortable, uncomfortable, friendly, unfriendly, interesting, boring	102
47 Colours	<i>Vocabulary</i>	<i>Colours:</i> black, blue, brown, green, grey, orange, purple, red, white, yellow	104
	<i>Grammar</i>	red roses, roses are red	
	<i>Phrases</i>	What colour is/are ...?	
48 Hello, how are you?	<i>Phrases</i>	Hello, Hi; Good morning/afternoon/evening Goodbye, Bye; Good night Excuse me, Sorry, Thank you, That's all right How are you? How's (your mother)? (I'm) fine, OK, not bad I'm /I feel hot, cold, hungry, thirsty, ill, tired	106
49 stand, \$ lie...	<i>Vocabulary</i>	lie, sit, stand; is lying, is sitting, is standing climb, jump, run, swim, walk	108
	<i>Phrases</i>	stand up, sit down, lie down	

50 go and come	<i>Vocabulary</i>	go (into), come (out of)	110
	<i>Phrases</i>	go to (Zurich), come back from (Zurich) go to (the cinema, a concert); go for (a meal, a walk) go (shopping, swimming)	
51 bring, take, get...	<i>Vocabulary</i>	bring, take; put... in/on, take ... out of / off	112
	<i>Phrases</i>	get, buy, bring give (me), bring (me), buy (me) Could you give me ...?	
52 Seeing and hearing	<i>Vocabulary</i>	see, hear, I can see, I can hear	114
	<i>Phrases</i>	look at (a picture), listen to (the radio); watch TV, a video, a football match; look for (your glasses, a job)	
53 Saying and thinking	<i>Vocabulary</i>	say, tell (him/her)	116
	<i>Phrases</i>	talk to (a friend), talk about (the weather) ask a question, answer a question I think, I don't think	
54 want; would like, need	<i>Grammar</i>	want (a sandwich), want to (go); want to, don't want to I'd like (some soup), I'd like to (see)	118
	<i>Phrases</i>	You need (a passport)	
55 Everyday activities	<i>Phrases</i>	wake up, get up; have breakfast/lunch/dinner; go to work, start/finish work, get home, go to bed, go to sleep	120
	<i>Vocabulary</i>	clean, listen, make, play, read, wash, watch, write	
56 have (1)	<i>Grammar</i>	I/We/They have, He/She has don't have, doesn't have	122
	<i>Phrases</i>	Do you have (a pen, any money)?	
57 have (2)	<i>Phrases</i>	have a meal, breakfast, lunch, dinner have a pizza, a sandwich, a cup of coffee have a bath, a shower, a party, a swim She's having (a pizza), They're having (a meeting) Have a good/nice time, day, evening Have a good/nice meal, weekend, holiday	124
58 be (1)	<i>Grammar</i>	I'm, you're, we're is, are; he's, she's, it's, they're	126
59 be (2)	<i>Grammar</i>	I'm not; isn't, aren't We/You/They aren't; He/She/It isn't We're/You're/They're not; He's/She's/It's not	128

60	<i>be(3)</i>	<i>Grammar</i>	Are you ...? Yes, I am, No, I'm not Is he/she/it...? Are they ...? Is (the hotel nice)? Are (the rooms nice)?	130
		<i>Phrases</i>	Yes, he/she/it is; No, he/she/it isn't Yes, they are; No, they aren't What is/are ...? Who is/are ...? Where is/are ..?	
61	<i>There is/are</i>	<i>Grammar</i>	There's (a bus station), There are (six shops) There isn't (a bank), There aren't (any shops)	132
62	<i>Is/Are there...</i>	<i>Grammar</i>	Is there (a bank)? Are there (any hotels)?	134
		<i>Phrases</i>	How many (rooms) are there?	
63	<i>Present simple (1)</i>	<i>Grammar</i>	I/We/You/They live, work, study He/She lives, works, studies <i>Verb + -s: lives, works ...; Verb + -es: watches, goes ...</i> <i>-y -> -ies: studies; Irregular: have -> has</i>	136
64	<i>Present simple (2)</i>	<i>Grammar</i>	I don't (work) We/You/They don't (live)	138
		<i>Phrases</i>	I don't know, I don't understand	
65	<i>Present simple (3)</i>	<i>Grammar</i>	He/She doesn't (go, like) They don't (go, like)	140
66	<i>Present simple (4)</i>	<i>Grammar</i>	Do you (watch TV)? Yes, I do, No, I don't	142
		<i>Phrases</i>	What/Where/When do you ...? What do you (do)? How much do you earn?	
67	<i>Present simple (5)</i>	<i>Grammar</i>	Does he/she (drink coffee)? Yes, he/she does; No, he/she doesn't Do they (drink coffee)? Yes, they do; No, they don't What/Where do/does...?	144
		<i>Phrases</i>	When/What time does (the bus) arrive/leave? When/What time does (the shop) open/close? When/What time does (the film) start/finish?	
68	<i>Present continuous (1)</i>	<i>Grammar</i>	I'm/We're (sitting, eating); I'm/We're (staying, living) I'm not staying, living; We aren't staying, living	146
69	<i>Present continuous (2)</i>	<i>Grammar</i>	He's/She's (standing); They're (talking) He/She isn't (reading); They aren't (reading)	148
70	<i>Present continuous (3)</i>	<i>Grammar</i>	Am I (sitting)? Is he/she (reading)? Are we/you/they (going)? Yes, I am; Yes, they are,...; No, I'm not; No, they aren't,...	150
		<i>Phrases</i>	What/Where/Who am I, is (he) ...-ing? What/Where/Who are (they) ...-ing? What are you doing? What is he/she doing?	

71 Present continuous (4)	<i>Grammar</i>	We're going (to Crete next summer) (= future) I'm/He's/She's having (lunch), playing (tennis)	152
	<i>Phrases</i>	When are you going / coming back? Who are you going with? Where are you staying? How are you getting there?	
72 Imperatives	<i>Vocabulary</i>	click, close, push, ring, stop, turn, type, wait	154
	<i>Phrases</i>	Come in, Sit down, Come here, Look (at this), Listen (to that)	
	<i>Grammar</i>	Eat (fruit), Don't eat (sweets)	
73 will and won't	<i>Grammar</i>	(I) will (go), (He) won't (go) I'll, you'll, he'll, she'll, we'll, they'll (be) Will (he) ...? Yes, (he) will; No, (he) won't	156
74 I'll, won't; Shall I...?	<i>Grammar</i>	I'll (go), I won't (go)	158
	<i>Phrases</i>	Shall I (buy)? Where shall I/we (go)? What shall I/we (buy)?	
75 can (1)	<i>Grammar</i>	I can (swim), I can't (swim) He/She can (read), He/She can't (read) Can you (swim)? Yes, I can; No, I can't	160
76 can (2)	<i>Phrases</i>	You can visit, go, see... Can I (use your phone)?	162
	<i>Grammar</i>	You can (park), You can't (park)	
77 Asking for things	<i>Phrases</i>	Could/Can you (close the door)? Can/Could I have (some water)? I'd like (soup), I'll have (soup)	164
78 Offers and suggestions	<i>Phrases</i>	Shall I (open the window)? Let's (go for a walk), Shall we (go for a walk)?	166
	<i>Grammar</i>	Would you like (a sandwich)? Would you like to (have a shower)?	
79 Question words (1)	<i>Phrases</i>	Who's that? What's that? Where's that? What's your (name)? What (time) is it? What's (the weather) like? Where/When/What time is (the concert)? What (music) do you like?	168
80 Question words (2)			
	<i>Phrases</i>	How can/do I get to (the airport)? How far is it? How much is it? How are you? How is/are ...? How old are you? How old is/are ...? Why is/are ...? Because ...	170
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