Contents

Preface viii

Acknowledgments xiv

1 Introduction: Why Use Self-Assessment in the Classroom? 1

Why Self-Assessment Is Vital Within the Classroom 3
Defining Self-Assessment Within Educational Settings 6
Further Exploration of Self-Assessment Within the Classroom 10
References 11

2 Self-Assessment, Self-Regulated Learning, and Formative Assessment 15

Situating Self-Assessment Within Self-Regulated Learning Theories 16
Situating Self-Assessment Within Formative Assessment 24

Integrating Self-Assessment With Self-Regulated Learning and Formative Assessment 29
Summary 32
References 34

3 Challenges When Implementing Self-Assessment 38
Getting Students to Take Responsibility for Self-Assessment Processes 39
Making Complex Learning Objectives Transparent 42
Creating a Psychologically Safe Environment for Self-Assessment 44
Moving Beyond Ego and Minimizing Negative Student Conceptions 49
Improving the Accuracy and Validity of Student Self-Assessments 51
Getting Students to Act on Self-Assessment Data 55
Summary 56
References 57

4 Unpacking Common Self-Assessment Practices 61
Implementation Considerations: The Devil Is in the Details 62
Self-Assessment Practices 63
Estimating Future Performance 64
Simple Self-Ratings 66
Self-Marking 69
Self-Assessment Templates and Checklists 72
Checklists 73
Two Stars and a Wish 74
Student Planning Template 76
Self-Assessment Scripts 80
Rubric-Guided Self-Assessment 83
Effectively Sequencing Self-Assessment Practices 91

The Impact of Technology on Self-Assessment Practices 94
Summary 96
References 97

5 Implementing Self-Assessment in Classrooms and Schools 102

Forethought Phase 103
Identifying School and District Policies Around Self-Assessment 104
Determining Why Self-Assessment Is Being Used 105
Logistical Reasons 106
Pedagogical Reasons 106
Metacognitive Reasons 107
Affective Reasons 107
Considering Students' Previous Experiences of and Beliefs About Self-Assessment 109
Selecting an Appropriate Self-Assessment Technique and When It Will Occur 111
Performance Phase 113
Self-Reflection Phase 116
Helping Others Implement Self-Assessment in the Classroom 118
Summary 120
References 121

Index 124