

"Core reflection is truly an inside-out approach to change. It is only when our deepest values are viewed within a positive frame that we can hope to have an education that is truly inspiring and life affirming. Core reflection and the work described in this book gives us reason to make that hope a reality."

John (Jack) P. Miller, University of Toronto, Canada, from the Foreword

"Revolutionary! A much needed topic in an era of narrowly defined teacher effectiveness which has pushed teachers to be technicians at the cost of losing their souls and capacity to make the most difference in their students' learning."

Anastasia P. Samaras, George Mason University, USA

"This book brings the full weight of the importance of the emotional, motivational, and cognitive aspects of teaching and learning. The connection of theory to practice is beautifully laid out. This connection is enhanced through the tables and exercises. The concrete examples of how to implement core reflection are invaluable for teachers and teacher educators. I recommend this book to all educators who love children and want to bring the best out of each and every individual they touch."

Anne Freese, University of Hawaii, USA

How can teachers grow into more natural and authentic role models for promoting the excitement of learning with their students? How can they draw the best out of their students and support their human potential? This book addresses these significant questions through the lens of a process called *core reflection*—an approach that focuses on people's strengths as the springboard for personal growth and serves every human being involved in education, including students, teachers, school principals, and university faculty. This approach supports the essential role of authenticity in the development of the whole person. It has been used in contexts around the world and has shown great promise in helping to re-chart the course for education and to re-think its purpose in global and democratic societies.

Teaching and Learning from Within first looks at the current educational context and the need for core reflection, introduces the theory and its linkages to previous studies in numerous disciplines, and provides a deeper explanation of the model along with specific examples of how the theory works in a framework of education. Next, it presents various applications in multinational research and practice—with teachers, with students and schools, and with teacher educators. The conclusion highlights ongoing work in core reflection around the world along with future plans, opportunities, and resources for professional development and research.

Bringing together theory, research, and practice on a topic of growing interest in the field of reflective inquiry in teacher education, this book does not assume that education or relationships are about mastering a set of techniques based on a particular theoretical model. In contrast, it links theory and practice by highlighting *the experience and strength of the person*, showing how personal and professional growth can become connected in a deep learning process. For additional information on core reflection visit www.korthagen.nl

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