

CONTENTS

Foreword by Ronnie James Dio.....12

Introduction.....14

A

Abdullah.....16
Accept.....16
AC/DC.....17
Acid King.....20
Aerosmith.....20
Alice in Chains.....23
Anthrax.....24
Anvil.....25
Armored Saint.....25
The Atomic Bitchwax.....26
Atomic Rooster.....26

B

Bad Company.....27
Biohazard.....27
Black Sabbath.....28
Blue Cheer.....31
Blue Öyster Cult.....34
Body Count.....34
Bon Jovi.....35
Budgie.....36

C

Candlemass.....37
Cannibal Corpse.....38
Carcass.....38
Carnivore.....39
Cathedral.....42
Celtic Frost.....43
Cheap Trick.....44
Cinderella.....46
Cirth Ungol.....47
Alice Cooper.....47
Corrosion of Conformity.....49
Cycle Sluts from Hell.....50

D

Danzig.....50
Dark Angel.....52
Darkthrone.....52
Death.....53
Deep Purple.....54
Def Leppard.....57
The Deftones.....58
Deicide.....58
Diamond Head.....59
Dio.....62
Dokken.....64
D.R.I.....65
Dust.....65

E

Electric Wizard.....65
Emperor.....65
Entombed.....66
Exciter.....67
Exodus.....67
Extreme.....68
Eyehategod.....69

F

Faith No More.....69
Faster Pussycat.....70
Fastway.....70
Fates Warning.....71
Fear Factory.....72
Flotsam & Jetsam.....73
Lita Ford.....74
Fu Manchu.....75

G

Goatsnake.....75
Godflesh.....76
Grand Funk Railroad.....76
Granicus.....77
Grave Digger.....78
Grim Reaper.....78
Guns N' Roses.....79
GWAR.....82

H

Hallow's Eve.....85
HammerFall.....85
Hanoi Rocks.....85
Helloween.....87
Helmet.....88
Jimi Hendrix.....88
Holocaust.....91

I

Iced Earth.....92
Immortal.....92
Insane Clown Posse.....93
Iron Butterfly.....95
Iron Maiden.....96
Iron Man.....99

J

Jag Panzer.....100
Jane's Addiction.....100
Joan Jett.....102
Judas Priest.....103

K

Katatonia.....106
Kid Rock.....107
King Diamond.....109
King's X.....110
KISS.....111
Korn.....118
Kreator.....118
Krokus.....119
Kyuss.....120

L

L7.....121
L.A. Guns.....122
Lard.....124
Las Cruces.....124
Led Zeppelin.....124
Limp Bizkit.....132
Living Colour.....133
Loudness.....134

M

Yngwie Malmsteen.....135
Manilla Road.....137
Manowar.....138
Marilyn Manson.....139
Mayhem.....141
The MC5.....141
Megadeth.....143



The Melvins.....144
 Memento Mori.....146
 The Mentors.....146
 Mercyful Fate.....147
 Metal Church.....149
 Metallica.....151
 Monster Magnet.....158
 Morbid Angel.....159
 Mötley Crüe.....160
 Motörhead.....164
 Mr. Bungle.....167
 My Dying Bride.....168

N

Napalm Death.....169
 Natas.....170
 Nebula.....170
 Neurosis.....171
 Nine Inch Nails.....172
 Nuclear Assault.....173
 Ted Nugent.....174

O

Obituary.....176
 The Obsessed.....176
 Opeth.....177
 Ozzy Osbourne.....177
 Overkill.....181

P

Pantera.....183
 Paradise Lost.....185
 Penance.....185
 Pentagram.....185
 Place of Skulls.....186
 Poison.....186
 Possessed.....188
 Prong.....188

Q

Queen.....190
 Queens of the Stone Age.....194
 Queensrÿche.....195
 Quiet Riot.....196

R

Rage Against the Machine.....198
 Rainbow.....199
 Rammstein.....203
 Ratt.....204
 Raven.....206
 Riot.....207
 Rose Tattoo.....208
 The Runaways.....209
 Running Wild.....211
 Rush.....212

S

Sacred Reich.....215
 Saint Vitus.....215
 Samson.....216
 Joe Satriani.....216

Savatage.....218
 Saxon.....218
 The Scorpions.....221
 Sepultura.....225
 Sir Lord Baltimore.....227
 Skid Row.....227
 Slade.....229
 Slayer.....230
 Sleep.....233
 Slipknot.....234
 Slow Horse.....236
 Sodom.....236
 Solitude Aeternus.....236
 Soundgarden.....237
 Spinal Tap.....240
 Spirit Caravan.....243
 Stormtroopers of Death.....243
 Stryper.....244
 Suicidal Tendencies.....246
 The Sweet.....247

T

The Tea Party.....248
 Terra Firma.....248
 Tesla.....249
 Testament.....249
 Therapy?.....251
 Thin Lizzy.....252
 Tool.....254
 Trouble.....255
 Twisted Sister.....256
 Tygers of Pan Tang.....259
 Type O Negative.....259

U

U.F.O.....261
 Unorthodox.....262
 Uriah Heep.....262

V

Steve Vai.....264
 Van Halen.....266
 Venom.....273
 Vixen.....274
 Voivod.....274

W

Warhorse.....277
 Warlock.....278
 Warlord.....278
 Warrant.....279
 W.A.S.P.....281
 Whitesnake.....282
 White Zombie.....285
 Winter.....285
 Witchfinder General.....285

Y

Y & T.....285

Z

Zebra.....286

Sidebars

Genres.....32
 Band Rivalry.....40
 Heavy Metal "Fashion".....60
 Magazines.....73
 Record Labels.....108
 Radio.....131
 Drugs.....189
 Intra-band Conflict.....202
 Venues.....273

