

Contents

Preface ix

Overview of the Casebook xii

References xxiii

Acknowledgments xxv

About the Author xxvii

1 Introduction to Understanding the Complexities of Child and Adolescent Psychopathology 1

1. Terry Hogan: The Avoidance Trap 23
(10 years old) *Developing a case formulation*
2. Jeremy Jones: Mommy and Me and Grandma Makes Three 37
(6 years old) *Developing an intervention plan*
3. Neesha Wilson: Phoenix Rising 55
(10 years old) *Risks, protective factors, and psychological well-being*

2 Introduction to Neurodevelopmental Disorders 65

PART A: PROBLEMS OF ATTENTION AND SPECIFIC LEARNING DISORDERS 69

4. Colby Tyler: Attention Problems or Distracted by Life? 71
(14 years old) *Attention-deficit/hyperactivity disorder (ADHD), gifted, divorce*
5. Thomas McLearn: Read Me a Story 81
(8 years old) *Dyslexia*
6. Sandy Smith: Marching to the Tune of a Different Drummer 89
(8 years old) *Nonverbal learning disability*

PART B: AUTISM SPECTRUM DISORDER (ASD) AND INTELLECTUAL DISABILITY 101

7. Dylan Bach: The World According to Dylan 103
(6 years old) *Mild variant of autism spectrum disorder (ASD)*
8. Arthur Watson: Won't or Can't: A Case of Mistaken Identity 115
(15 years old) *Intellectual disability, parent denial, academic and behavior problems*
9. Brian Williams: My Name Is Williams, Too 131
(9 years old) *Williams syndrome*
10. Bradley Hunter: Not Yet Diagnosed 143
(5 years old) *Neurodevelopmental symptoms*

3 Introduction to Disruptive Behavior Disorders 149

11. Scott Michaels: Boys Will Be Boys? 153
(9 years old) *Oppositional defiant disorder (ODD), ADHD*
12. Tyrone Wilson: The Gang's All Here 165
(15 years old) *Multifinality, learning and behavior problems, gang activity, forensic assessments, fetal alcohol spectrum disorders, conduct disorder (CD)*

4 Introduction to Anxiety and Compulsive Disorders 177

13. Winnie Kent: Silence Is Not Golden 181
(5 years old) *Separation anxiety disorder (SAD), selective mutism*
14. Shirley Yong: Worried to Perfection 193
(11 years old) *Generalized anxiety disorder, depression, relational aggression, cultural conflict, trichotillomania*
15. Jordan Neeson: Let Me Count the Ways 207
(9 years old) *Obsessive-compulsive disorder (OCD)*

5 Introduction to Problems of Mood: Depression and Bipolar Disorders 219

16. David Steele: Hopelessness and Despair 225
(17 years old) *Adolescent depression, suicidal ideation*
17. Matthew Morgan: Out of Control and In Control 241
(9 years old) *Childhood-onset bipolar disorder/mood dysregulation disorder?*

18. Jenny Sloan: The All-American Girl 255
(16 years old) *Adolescent-onset bipolar disorder, suicide attempt*

6 Introduction to Later-Onset Disorders: Eating Disorders and Substance Use 267

19. Alex Bishop: The Slippery Slope 271
(15 years old) *Substance use, multidimensional family therapy (MDFT)*
20. Sarah Burke: Food for Thought 279
(16 years old) *Disordered eating and eating disorders*

7 Introduction to Traumatic, Self-Injurious, and Stress-Related Disorders 295

21. Juan Hernandez: The Crash 299
(16 years old) *Post-traumatic stress disorder (PTSD), survivor guilt*
22. Tori Benson: Skin Deep: Cutting Through the Pain 313
(16 years old) *Self-mutilation, borderline personality disorder?*
23. Jason Coleman: Disconnected Connections 325
(15 years old) *Conduct disorder, reactive attachment disorder (RAD), traumatic childhood*
24. Ericka White: Not Yet Diagnosed 341
(10 years old) *Not yet diagnosed*

APPENDIX A: Supplemental Case Information 347

APPENDIX B: Systems of Classification 383

APPENDIX C: Guidelines to the Interpretation of Test Scores and Assessment Information 399

Index 407