## Contents

| Li                    | ist of Tables  | viii |
|-----------------------|--|------|
| $F_{\epsilon}$        | oreword by Peter Nolan                               | xii  |
| A                     | cknowledgements                                      | xiii |
| List of Abbreviations |  | xiv  |
| 1                     | Introduction   | 1    |
|                       | Modern lifestyle choices                             | 5    |
|                       | Using omnibus surveys                                | 10   |
|                       | Britain and Spain as contrasting cases               | 11   |
|                       | Outline of the book                                  | 28   |
| 2                     | The Minimalist Survey                                | 33   |
|                       | The minimalist approach                              | 33   |
|                       | Omnibus surveys                                      | 35   |
|                       | The British survey                                   | 36   |
|                       | The Spanish survey                                   | 39   |
|                       | Operationalizing preference theory                   | 45   |
|                       | Personal preferences versus public opinion           | 47   |
| 3                     | Patriarchy, Ideal Family Model and Work Orientations | 49   |
|                       | Trends in Britain                                    | 50   |
|                       | Trends in Spain                                      | 59   |
|                       | Political correctness bias                           | 62   |
|                       | Patriarchy index                                     | 68   |
|                       | Ideal family model                                   | 70   |
|                       | Work commitment                                      | 72   |
|                       | Primary and secondary earners                        | 77   |
|                       | Work centrality                                      | 83   |
|                       | National estimates of lifestyle preferences          | 84   |
|                       | Conclusions  | 87   |

| 4 | Correlates of Sex-Role Ideology and Work Orientations       | 93  |
|---|---|-----|
|   | Education   | 93  |
|   | Social class and income                                     | 99  |
|   | The ageing process  | 106 |
|   | Marriage and divorce  | 108 |
|   | Regional variations   | 116 |
|   | Conclusions   | 119 |
| 5 | Ideological Influences on Employment                        | 123 |
|   | The long-term impact of values                              | 125 |
|   | Employment patterns in Britain                              | 129 |
|   | Ideological influences on employment in Britain             | 131 |
|   | Contrary groups   | 141 |
|   | Ethnic minorities   | 143 |
|   | Employment patterns in Spain                                | 148 |
|   | Ideological influences on employment in Spain               | 149 |
|   | Causal processes  | 158 |
|   | Conclusions   | 160 |
| 6 | Ideological Influences on Occupational Choice               | 163 |
|   | Polachek's thesis   | 163 |
|   | Trends in occupational segregation in the 1990s             | 166 |
|   | The impact of sex-role ideology on occupational choice      | 170 |
|   | Labour mobility   | 175 |
|   | The impact of work orientations on occupational choice      | 178 |
|   | Lifestyle preferences and occupational choice               | 181 |
|   | Case studies: mixed occupations and high achievers          | 183 |
|   | Conclusions: a new explanation for occupational segregation | 184 |
| 7 | Political, Religious and Other Influences on Lifestyle      |     |
|   | Preferences   | 189 |
|   | Religiosity   | 190 |
|   | Political ideology  | 195 |
|   | Trade unionism  | 198 |
|   | Parental cultural capital                                   | 200 |
|   | Parental educational homogamy                               | 202 |
|   | Conclusions   | 206 |

| Contents | V11 |
|----------|-----|

| 8     | The Polarization of Housing and Women's Employment         |     |
|-------|--|-----|
|       | in Britain   | 209 |
|       | The social polarization of housing                         | 210 |
|       | Housing type and women's fertility                         | 213 |
|       | Housing type and women's employment patterns               | 215 |
|       | Links between housing, fertility and employment            | 220 |
|       | Sex-role ideology and housing tenure                       | 223 |
|       | Conclusions  | 228 |
| 9     | Conclusions: Rhetoric and Reality in Lifestyle Preferences | 233 |
|       | Identifying lifestyle preference groups                    | 233 |
|       | Macro-level and micro-level perspectives                   | 237 |
|       | Results for Britain  | 241 |
|       | Results for Spain  | 243 |
|       | Preference theory  | 246 |
|       | Other aspirations: home ownership                          | 258 |
|       | Extending preference theory                                | 259 |
|       | A unisex future of work?                                   | 261 |
| В     | ibliography  | 265 |
| Index |  | 281 |