

Contents

<i>List of Illustrations</i>	xi
<i>List of Abbreviations</i>	xiii
<i>Foreword by Manas K. Mandal</i>	xix
<i>Preface</i>	xxi

<i>Introduction</i>	1
<i>Nidhi Maheshwari and Vineeth V. Kumar</i>	

SECTION I

Psychological Concepts and Trends in Military Context	11
--	----

CHAPTER 1

<i>Military Psychology: The Centurion Phenomenon</i>	13
<i>Nidhi Maheshwari, Vineeth V. Kumar and N. P. Singh</i>	

CHAPTER 2

<i>Intelligence and Aptitude Testing</i>	33
<i>Gurpreet Kaur, Dinika Anand and Soumi Awasthy</i>	

CHAPTER 3

<i>Biographical Inventory for Selection</i>	56
<i>Suresh A., Arunima Gupta and Sucheta Sarkar</i>	

CHAPTER 4

<i>Human Landscape of War</i>	81
<i>Joseph Miller</i>	

CHAPTER 5

<i>Stereotype Threat and Marksmanship Performance</i>	103
<i>Emerald M. Archer</i>	

CHAPTER 6

<i>Misconduct Behaviours in Armed Forces</i>	119
<i>Pankaj Kumar Sharma, Ashutosh Ratnam and T. Madhusudhan</i>	

CHAPTER 7

Psychological Operations in Warfare 149

Ron Schleifer

CHAPTER 8

Future Warfare and Mind Control 165

Swati Johar and Updesh Kumar

SECTION II

Psychological Interventions in Military Context 183

CHAPTER 9

The Secret Weapon of Optimism 185

Eyal Lewin

CHAPTER 10

Building Soldier Resilience 213

Michael D. Matthews

CHAPTER 11

Training Hardiness for Stress Resilience 231

Paul T. Bartone, Jarle Eid and Sigurd W. Hystad

CHAPTER 12

Promoting Psychosocial Health of Disaster First Responders 249

Sujata Satapathy

CHAPTER 13

Value-based Leadership 267

Vidushi Pathak, Anju Rani and Sneha Goswami

CHAPTER 14

Familial Pathways to Soldier Effectiveness 283

Archana and Updesh Kumar

CHAPTER 15

Countering Terrorism: Interrogating Communication Oversight 298

James Okolie-Osemene

CHAPTER 16 317

Winning Hearts and Building Peace

Amparo Pamela H. Fabe

CHAPTER 17 332

Beyond Century: The Future of Military Psychology

Nidhi Maheshwari and Vineeth V. Kumar

About the Editors and Contributors 341

Index 345

1.1	Definitions of Abilities Used in Intelligence Tests	37
1.2	Asher's Dimensions Indicating Differences between Biodata and Personality Inventories	60
1.3	Differences between Biodata and Personality Scales	61
2.1	Marksmanship Data	107
9.1	Themes of the Testimonies	196

Case Studies

12.1	Brief Case Studies of DFRs in India	251
12.2	Sources of Stress for Disaster and Emergency First Responders	253
12.3	IEC Material on Self-care and Coping	262
12.4	IEC Material on Stress Management during a Disaster Management Operation	262
12.5	IEC Material on Seeking Support	263

Figure

4.1	Identifying and Reaching the Soldier at Risk	141
-----	--	-----