## Contents

List of Figures  Acknowledgments		page vii
		ix
	Introduction	1
1	Customs and Cuisine	11
	Diets and Food Lore in Warring States and Han China	14
	Meat and Morals	26
	Banquets	34
	Cenat Confucius	42
2	Cooking the World	49
	The Butcher and the Cook	49
	Cooking and Harmony	59
	Yi Yin and Fundamental Tastes	65
	Cosmic Dining	76
3	Sacrifice and Sense	83
	Offering the Tasteless	84
	Spirit and Spirits	95
	Searching for Spirit	106
4	The Economics of Sacrifice	122
	Sacrificial Levies	124
	Monthly Ordinances	128
	Maintenance Towns and Personnel	134
	Spirit Commerce	143
	Regulating Sacrifice	148
	Gifts for Spirits, Goods for Mortals	152
	The Rhetoric of Plenty	157

## CONTENTS

5	Sages, Spirits, and Senses	16;
	Olfaction	168
	Seeing and Hearing	174
	Sensory Synthesis	178
	Sages, Screens, and Earplugs	19
	The Clairvoyant and the Blind	196
	Concluding Remarks	203
Bił	bliography	207
Inc	dex	227