CONTENTS

List of table Preface Abbreviation Maps	ons	page	vii ix xiii -xix
PART I	THE INCIDENCE AND SEVERITY OF FOOD CRISIS		
	Famine and shortage		3 8
	2 The frequency of food crisis 3 The infrequency of famine		17
PART II	SURVIVAL STRATEGIES		
	4 Subsistence and survival: the peasantry 5 Supply and distribution: urban communities		43 69
PART III	FOOD SUPPLY AND FOOD CRISIS IN ATHENS c. 600–322 BC		
	6 The resources of Attica		89
	7 The beginnings of dependence		107
	8 Rulers of the sea		120
	9 Vulnerability and vigilance		134
	10 From uncertainty to crisis		150
PART IV	FOOD SUPPLY AND FOOD CRISIS IN ROME c. 509 BC - AD 250		
	11 The beginnings of empire		167
	12 Rulers of the Mediterranean		182
	13 Food and politics		198
	14 Rulers of the world		218
	15 The subjects of Rome		244

Contents

CONCLUSI	ON	271
CONCLUSI		278
Bibliograph	iy	295
Index	CONTENTS	30