



# Contents

## Unit I Introduction to Individual and Family-Centered Care 1

- Chapter 1** The Bifocal Clinical Practice Model 4
- Chapter 2** Communication: The Critical Key to Preventing Adverse Events 11
- Chapter 3** Early Identification of High-Risk Individuals and/or Families 17
- Chapter 4** Preparation of Individual/Family for Care at Home 23
- Chapter 5** 10 Steps to Care Planning (Or What Are the Most Important Care Needed for an Individual/Family at This Time?) 30
- Chapter 6** Barriers to Providing Concerned, Compassionate Professional Care 36

## Unit II Manual of Nursing Diagnoses 41

### Section I Individual Nursing Diagnoses 42

#### Individual and Family-Centered Care 42

- |                                       |   |
|---------------------------------------|---|
| Activity Intolerance 42               | Unilateral Neglect 91                         |
| Impaired Communication 46             | Imbalanced Nutrition 92                       |
| Impaired Verbal Communication 50      | Obesity 97                                    |
| Acute Confusion 52                    | Overweight 102                                |
| Chronic Confusion 55                  | Risk for Overweight 103                       |
| Constipation 58                       | Impaired Oral Mucous Membrane 106             |
| Risk for Corneal Injury 60            | Risk for Impaired Oral Mucous Membrane 109    |
| Diarrhea 63                           | Acute Pain 110                                |
| Risk for Disuse Syndrome 64           | Labor Pain 114                                |
| Risk for Falls 67                     | Chronic Pain 120                              |
| Deficient Fluid Volume 72             | Risk for Pressure Ulcer 123                   |
| Excess Fluid Volume 73                | Impaired Physical Mobility 129                |
| Grieving 76                           | Risk for Ineffective Respiratory Function 133 |
| Risk for Compromised Human Dignity 79 | Self-Care Deficit Syndrome 134                |
| Bowel Incontinence 80                 | Bathing Self-Care Deficit 137                 |
| Risk for Infection 82                 | Dressing Self-Care Deficits 137               |
| Risk for Infection Transmission 84    | Feeding Self-Care Deficit 138                 |
| Latex Allergy Response 86             | Instrumental Self-Care Deficits 138           |
| Risk for Latex Allergy Response 88    | Toileting Self-Care Deficit 139               |
| Nausea 89                             | Disturbed Sleep Pattern 139                   |
|                                       | Spiritual Distress 143                        |



Tammy Spier, RN, MSN Department of Nursing Department of Staff Development Allen Memorial Hospital Waterloo, Iowa	Risk for Spiritual Distress 146
Donna Dickinson, RN Carol Mangold, RN Carondelet St. Joseph's Hospital Tucson, Arizona	Ineffective Tissue Perfusion 146
Kathy Killman, RN Liz Nelson, RN, MSN The Evanston Hospital Evanston, Illinois	Ineffective Peripheral Tissue Perfusion 146
Margaret Price, RN Lynn Bebel Turbin, RN, MSN Nancy Djanani, RN Huron Valley Hospital Milford, Michigan	Risk for Decreased Cardiac Tissue Perfusion 150
Pat Vaccaro, RN, BS Deborah Stillman, RN Mary Jean Pappalardo, RN Carolyn Peters, RN Sue DeSanto, RN Christine Nicosi, RN Carol Saxman, RN Kelly Brown, RN Judy Bailey, RN Nancy Root, RN	Risk for Ineffective Cerebral Tissue Perfusion 150
Cheryl Williams, RN Carol Sorrentino, RN Lehigh Valley Hospital Allentown, Pennsylvania	Risk for Ineffective Gastrointestinal Tissue Perfusion 151
Karin Prusack, RN, MSN Bess Cohen, RN Debra Goertz, RN, MSN Susan Goucher, RN Sandra Brackett, RN	Impaired Urinary Elimination 152
	Continuous Urinary Incontinence 153
	Functional Urinary Incontinence 157
	Overflow Urinary Incontinence 161
	Stress Urinary Incontinence 162

## Section 2 Individual Collaborative Problems 197

Pat Vaccaro, RN, BS Deborah Stillman, RN Mary Jean Pappalardo, RN Carolyn Peters, RN Sue DeSanto, RN Christine Nicosi, RN Carol Saxman, RN Kelly Brown, RN Judy Bailey, RN Nancy Root, RN	Risk for Complications of Cardiac/Vascular Dysfunction 197	Risk for Complications of Renal/Urinary Dysfunction 241
Cheryl Williams, RN Carol Sorrentino, RN Lehigh Valley Hospital Allentown, Pennsylvania	Risk for Complications of Arrhythmias 198	Risk for Complications of Acute Urinary Retention 242
Karin Prusack, RN, MSN Bess Cohen, RN Debra Goertz, RN, MSN Susan Goucher, RN Sandra Brackett, RN	Risk for Complications of Bleeding 200	Risk for Complications of Renal Calculi 244
	Risk for Complications of Compartment Syndrome 203	Risk for Complications of Acute Renal Insufficiency/Chronic Kidney Disease 246
	Risk for Complications of Decreased Cardiac Output 205	Risk for Complications of Neurologic/Sensory Dysfunction 249
	Risk for Complications of Deep Vein Thrombosis/Pulmonary Embolism/Fat Embolism 207	Risk for Complications of Alcohol Withdrawal 250
	Risk for Complications of Hypovolemia 213	Risk for Complications of Increased Intracranial Pressure 252
	Risk for Complications of Intra-Abdominal Hypertension/Abdominal Compartmental Pressure 214	Risk for Complications of Seizures 257
	Risk for Complications of Pulmonary Edema 217	Risk for Complications of Gastrointestinal/Hepatic/Biliary Dysfunction 257
	Risk for Complications of Respiratory Dysfunction 221	Risk for Complications of GI Bleeding 258
	Risk for Complications of Atelectasis, Pneumonia 221	Risk for Complications of Hepatic Dysfunction 262
	Risk for Complications of Hypoxemia 224	Risk for Complications of Paralytic Ileus 265
	Risk for Complications of Metabolic/Immune/Hematopoietic Dysfunction 226	Risk for Complications of Muscular/Skeletal Disorders 268
	Risk for Complications of Allergic Reaction 228	Risk for Complications of Pathologic Fractures 269
	Risk for Complications of Electrolyte Imbalances 230	Risk for Complications of Medication Therapy Adverse Effects 271
	Risk for Complications of Hypo/Hyperglycemia 235	Risk for Complications of Anticoagulant Therapy Adverse Effects 271
	Risk for Complications of Systemic Inflammatory Response Syndrome (SIRS)/SEPSIS 239	

## Health Promotion Diagnoses 165

Decisional Conflict 165
Compromised Engagement 168
Risk for Compromised Engagement 172
Risk-Prone Health Behavior 172
Risk for Ineffective Health Management 174

## Individual Coping Diagnoses 175

Anxiety 175
Death Anxiety 179
Ineffective Coping 180
Ineffective Denial 184
Compromised Family Coping 187
Risk for Suicide 189
Risk for Other-Directed Violence 192



## Unit III Individual and Family-Centered Care Plans 275

### Section I Medical Conditions 281

#### Generic Medical Care Plan for the Hospitalized Adult Individual 281

#### Cardiovascular and Peripheral Vascular Disorders 309

- Heart Failure 309
- Deep Vein Thrombosis 315
- Hypertension 321
- Acute Coronary Syndrome 328
- Peripheral Arterial Disease (Atherosclerosis) 337

#### Respiratory Disorders 345

- Asthma 345
- Chronic Obstructive Pulmonary Disease 353
- Pneumonia 360

#### Metabolic and Endocrine Disorders 367

- Cirrhosis 367
- Diabetes Mellitus 377
- Pancreatitis 389

#### Gastrointestinal Disorders 398

- Gastroenterocolitis/Enterocolitis 398
- Inflammatory Bowel Syndrome 402
- Peptic Ulcer Disease 412

#### Renal and Urinary Tract Disorders 419

- Acute Kidney Injury 419
- Chronic Kidney Disease 428

#### Neurologic Disorders 441

- Cerebrovascular Accident (Stroke) 441
- Guillain-Barré Syndrome 455

- Multiple Sclerosis 461
- Myasthenia Gravis 473
- Parkinson's Disease 481
- Seizure Disorders 490

#### Hematologic Disorders 498

- Sickle Cell Disease 498

#### Integumentary Disorders 508

- Pressure Ulcers 508

#### Musculoskeletal and Connective Tissue Disorders 518

- Fractures 518
- Osteomyelitis 524
- Inflammatory Joint Disease (Rheumatoid Arthritis, Infectious Arthritis, or Septic Arthritis) 528

#### Infectious and Immunodeficient Disorders 537

- Human Immunodeficiency Virus/Acquired Immunodeficiency Syndrome 537
- Systemic Lupus Erythematosus 547

#### Neoplastic Disorders 556

- Cancer: Initial Diagnosis 556

#### Clinical Situations 562

- Alcohol Dependency 562
- Immobility or Unconsciousness 571
- Palliative Care 573
- Sexual Assault 595

### Section 2 Surgical Procedures 602

- Generic Care Plan for an Individual Experiencing Surgery 602
- Abdominal Aortic Aneurysm Repair 620
- Amputation 627
- Arterial Bypass Grafting in the Lower Extremity 638
- Breast Surgery (Lumpectomy, Mastectomy) 644
- Carotid Endarterectomy 651
- Colostomy 657
- Coronary Artery Bypass Grafting 665

- Fractured Hip and Femur 674
- Hysterectomy 680
- Ileostomy 686
- Nephrectomy 696
- Radical Prostatectomy 701
- Lumbar Spinal Surgery 711
- Thoracic Surgery 718
- Total Joint Replacement (Hip, Knee, Shoulder) 727
- Urinary Diversions 733



**Section 3 Diagnostic and Therapeutic Procedures 742**

- Hemodialysis 742
- Peritoneal Dialysis 749

**Section 4 Specialty Diagnostic Clusters 761**

- Generic Newborn Care Plan 761
- Generic Medical Care Plan for Hospitalized Infants/  
Children/Adolescents 764
- Generic Care Plan for Individuals With Mental Health  
Disorders 767
- Generic Care Plan for Woman/Support Persons  
During Prenatal Period 769
- Generic Care Plan for Woman/Support Persons  
During Postpartum Period 770

**References 772****Appendixes 827**

- Appendix A: Nursing Diagnoses Grouped by  
Functional Health Pattern 827
- Appendix B: Nursing Admission Data Base 828
- Appendix C: Strategies to Increase Motivation  
and Engagement in Individuals/Families 833

**Indexes 840**

- Nursing Diagnoses Index 840
- Collaborative Problems Index 843
- General Index 847