

# CONTENTS

*Preface ix*

*Acknowledgments xvii*

## **I MAPPING AN IRREGULAR TERRAIN**

---

1. OUR OVERHEATING, FRAYING PLANET 3

2. FEEDING A GROWING POPULATION:  
HOW, AND WITH WHAT KIND OF FOOD? 31

3. WATER: NOT EVERYWHERE AND NOT ALWAYS FIT TO DRINK 55

4. CHRONIC ILLNESS: RICH OR POOR, FEW ESCAPE 83

5. OBESITY: THE SCOURGE OF BAD DIETS  
AND SEDENTARY HABITS 105

## **II EXAMINING THE PATHWAYS THROUGH THE THICKETS**

---

6. ALWAYS MORE PEOPLE AND EVER MORE ELDERLY:  
CARING AND PAYING 133

7. THE TECHNOLOGY FIX: A WAY OUT? 169

8. A VOLATILE MIX: PUBLIC POLICY, THE MEDIA,  
AND PUBLIC OPINION 205

9. LAW AND GOVERNANCE: MANAGING OUR PUBLIC PLANET  
AND OUR PRIVATE BODIES 241

**III TOWARD THE FUTURE:  
PROGRESS, HOPE, AND FEAR**

---

10. PROGRESS AND ITS ERRANT CHILDREN:  
MORE IS NEVER ENOUGH 281

11. THE NECESSARY COALITION: SOCIAL MOVEMENTS,  
LEGISLATURES, AND BUSINESS 309

*Notes* 343

*Index* 377

---