

Contents

Preface vii

Acknowledgments ix

Introduction: Tools for Time 1

- 1 High-Speed Society: Is the Pace of Life Accelerating? 13
- 2 Time and Motion: Machines and the Making of Modernity 37
- 3 The Time-Pressure Paradox 61
- 4 Working with Constant Connectivity 87
- 5 Doing Domestic Time 111
- 6 Time to Talk: Intimacy through Technology 137
- 7 Finding Time in a Digital Age 163

Notes 185

Index 211