

# Contents

<b>1</b>	<b>History of Fermented Foods in Northeast Asia .....</b>	1
	Cherl-Ho Lee and Moonsil Lee Kim	
<b>2</b>	<b>Ethnic Fermented Foods and Beverages of India .....</b>	17
	Jyoti Prakash Tamang, Namrata Thapa, Tek Chand Bhalla, and Savitri	
<b>3</b>	<b>Ethnic Fermented Foods and Beverages of Bangladesh.....</b>	73
	Mahmud Hossain and Yearul Kabir	
<b>4</b>	<b>Ethnic Fermented Foods of Nepal .....</b>	91
	Tika Karki, Pravin Ojha, and Om Prakash Panta	
<b>5</b>	<b>Ethnic Fermented Foods of Pakistan .....</b>	119
	Saeed Akhtar, Majid Hussain, Tariq Ismail, and Muhammad Riaz	
<b>6</b>	<b>Ethnic Fermented Foods and Beverages of Sri Lanka .....</b>	139
	Sagarika Ekanayake	
<b>7</b>	<b>Ethnic Fermented Foods and Beverages of Thailand .....</b>	151
	Werasit Sanpamongkolchai	
<b>8</b>	<b>Ethnic Fermented Foods and Beverages of Mongolia .....</b>	165
	Sh. Demberel, D. Narmandakh, and N. Davaatseren	
<b>9</b>	<b>Ethnic Fermented Foods and Alcoholic Beverages of Japan ...</b>	193
	Yoshiaki Kitamura, Ken-Ichi Kusumoto, Tetsuya Oguma, Toshiro Nagai, Soichi Furukawa, Chise Suzuki, Masataka Satomi, Yukio Magariyama, Kazunori Takamine, and Hisanori Tamaki	
<b>10</b>	<b>Ethnic Fermented Foods and Beverages of Cambodia.....</b>	237
	Sota Yamamoto	
<b>11</b>	<b>Ethnic Fermented Foods and Beverages of Korea .....</b>	263
	Dong-Hwa Shin, Young-Myoung Kim, Wan-Soo Park, and Jae-Ho Kim	
<b>12</b>	<b>Ethnic Fermented Foods and Beverage of Iran.....</b>	309
	Neda Mollakhalili Meybodi, Maryam Tajabadi Ebrahimi, and Amir Mohammad Mortazavian	

- 13 Ethnic Fermented Foods of the Philippines with Reference to Lactic Acid Bacteria and Yeasts .....** 323  
Francisco B. Elegado, Shara Mae T. Colegio,  
Vanessa Marie T. Lim, Andrea Therese R. Gervasio,  
Maria Teresa M. Perez, Marilen P. Balolong,  
Charina Grace B. Banaay, and Bernadette C. Mendoza

- 14 Ethnic Fermented Foods and Beverages of Indonesia.....** 341  
Ingrid Suryanti Surono

- 15 Ethnic Fermented Foods and Beverages of Vietnam .....** 383  
Vu Nguyen Thanh and Nguyen Thi Viet Anh