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modern screening

... the merchant his annual round-up, the merchant his yearly account of stock and losses, or books; the machine gives his engine a thorough going-over at regular intervals; the military organisation has its reviews and inspections; every government its budgets.

George Gould (1900), pp. 134–137

recommendations

1. Dr Horace Dobell, an eminent physician practising at London's Royal Hospital for Diseases, gave a series of lectures culminating in the recommendation that *... men should perform periodic checks on everyone, irrespective of whether they seeking medical help* (Dobell 1961).

... we should be initiated, as a custom, a system of periodic examination, to which all men should submit themselves, and to which they should submit their children. ... The initiation should be reported in writing, and, after due consideration, such advice must be given as careful judgement may dictate, for the future conduct, pursuits and habits of the patient, with a view to correcting any defects, or tendency to defects, in the organism. ... Such a system of examinations and advice as I propose, if properly carried out, must strike at the root of these evils, and would at the same time reduce the miserable over-crowding of the hospital waiting-rooms, and the enormous expenses incurred for drugs.

Horace Dobell (1961), pp. 151–155 and 157–158