

■	PREFACE	5
■	GETTING AROUND A HOSPITAL	6
■	INTRODUCING ONESELF	6
■	PATIENTS' PERCEPTIONS OF THEIR HOSPITAL STAY	6
■	PRESENT FEELINGS	10
■	SLEEP PATTERN	18
■	DIET AND FLUIDS	18
■	MOBILITY	24
■	VISION AND HEARING	26
■	ACTIVITIES OF DAILY LIVING	28
■	Eating and drinking	28
■	Dressing oneself	28
■	Bathing / taking shower	30
■	Personal hygiene	30
■	Bladder control	32
■	Bowel control	34
■	Using a toilet	34
■	Sitting	36
■	Walking	36
■	INSTRUMENTAL ACTIVITIES OF DAILY LIVING	38
■	Using a telephone	38
■	Travelling	40
■	Shopping	42
■	Cooking	42
■	Housekeeping	44
■	Taking medication	46
■	Financial affairs	48
■	ČESKO-ANGLICKÝ SLOVNÍK	51
■	ANGLICKO-ČESKÝ SLOVNÍK	74

