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		Reading	Vocabulary	Grammar	Listening	
1	Who am I?	reading for main ideas; multiple choice with one text	countries and nationalities; numbers and dates	present simple; adverbs of frequency; question words	listening to instructions; gap fill	
		Live well, study well: making friends; be yourself				
2	All dressed up p17	finding specific information; multiple matching	clothes and colours	past simple; used to	identifying the correct answer; multiple choice with five conversations	
		Video: A taste of India				
	Getting technical	thinking about context; multiple choice with six texts		present continuous for future plans and arrangements	choosing the correct picture; multiple choice with picture options	
	p29	Live well, study well: managing screen time; how social media makes us feel				
4	Eat it up	reading for detail; multiple choice with one text	food	be going to; will	understanding what to listen for; multiple choice with one conversation	
		Video: It was delicious!				
	Home sweet home	answering negative questions; multiple matching	houses and parts of a house	present perfect simple; already, just; (not) yet; ever, never; for and since; identifying what type of word is missing; open cloze	identifying details; matching	
	p53	Live well, study well: ea	t well: food for thoug	ght; improve your diet		
6	City life	the purpose of a text; multiple choice with six texts	places in a town	demonstratives; one and ones	listening for days, times and numbers; gap fill	
		Video: Orangutan nests				
7	Time to relax	looking for phrases with the same meaning; multiple matching	free-time activities	zero conditional; first conditional	listening for examples; matching	
	p77	Live well, study well: get fit, feel well; exercise and the brain				
		1 1: 1	sport; sports	modals of obligation and	listening for numbers,	
8	Ready, steady, go!	checking the answer options; multiple choice with six texts		necessity	dates and prices; gap fill	
8	7	options; multiple choice	equipment; sports people	necessity		
8	steady, go!	options; multiple choice with six texts	equipment; sports people	relative pronouns		
	steady, go! p89 Good work!	options; multiple choice with six texts Video: Climbing El Capit dealing with unfamiliar words; multiple	equipment; sports people an jobs; choosing the correct verb; multiple-choice cloze	relative pronouns	words that show a change; multiple choice	
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Review units 1–12 pp149–160 Grammar reference pp161–170 Communication activities pp171–172 Vocabulary reference pp173–181

Speaking	Vocabulary	Grammar	Writing
giving details about yourself; interview	family	present continuous; writing the missing words; open cloze	focusing on accuracy; completing a form
giving a description of a friend; interview	adjectives to describe people	past continuous	writing about personality; including all the points; writing an email
talking about technology; discussion with a partner; picture discussion	adjectives to describe technology	prepositions; choosing the correct preposition; open cloze	important information; checking your work; writing a note
ordering food in a restaurant; describing a picture; picture description and questions	cooking and measurements	countable and uncountable nouns; quantifiers	using adjectives; using short forms, punctuation and greetings; writing an email
describing your room; interview	furniture; verbs with prepositions; multiple-choice cloze	possessives	reasons and results; planning how to connect your ideas; writing a story
giving directions; picture discussion; answering questions from the examiner	tourism, sightseeing and entertainment; prepositions of movement	articles	adding and contrasting information; planning your answers; writing answers to three questions
talking about free-time activities; choosing a topic; topic discussion	music; using prepositions; deciding which answers are wrong; multiple-choice cloze	verb patterns; writing the correct verb form; open cloze	expressing opinions; planning your ideas; writing an email
talking about sport; giving your opinion; opinion task	parts of the body; health problems	can, could and may; should / shouldn't	describing an event; using the correct tense; making notes; writing an article
talking about jobs; using tenses correctly; interview	school subjects	adverbs; writing the correct determiner; open cloze	advantages and disadvantages; planning your time; writing a short essay
travel; talking about advantages and disadvantages; advantages and disadvantages task	transport (verbs)	the passive: past simple	conjunctions: before, after and while; adding extra details; writing a story
talking about weather and seasons; answering yes / no questions and giving more details; conversation task	extreme weather; weather collocations; recognising common phrasal verbs; multiple-choice cloze	superlatives; writing the correct grammar words; open cloze	describing a trip; using different tenses; ordering events and adding interest; writing an article
talking about food and the environment; giving reasons; opinion task	animals; the environment		helping the environment; structuring an essay; organising your ideas; writing a short essay