

Contents

Part 1 The Seeds of Time

Introduction	1
<i>Ghilleen Prance</i>	
The Hunter-Gatherers	3
<i>Ivan Crowe</i>	
Origins and Spread of Agriculture	13
<i>David R. Harris</i>	

Part 2 The Migration of Plants

Introduction	27
<i>Ghilleen Prance</i>	
Gathering Food from the Wild	29
<i>Andrea Pieroni</i>	
Grains.....	45
<i>Mark Nesbitt</i>	
Roots and Tubers.....	61
<i>Helen Sanderson</i>	
Fruits	77
<i>Charles Clement</i>	
Herbs and Vegetables	97
<i>Jane Renfrew and Helen Sanderson</i>	
Nuts, Seeds, and Pulses.....	133
<i>Georgina Pearman</i>	
Spices	153
<i>Barbara Pickersgill</i>	
Caffeine, Alcohol, and Sweeteners.....	173
<i>Hans T. Beck</i>	
Psychoactive Plants.....	191
<i>Richard Rudgley</i>	
Plants as Medicines.....	205
<i>Michael Heinrich, Andrea Pieroni, and Paul Bremner</i>	

Fragrant Plants	239
<i>Sue Minter</i>	
Ornamentals	259
<i>Peter Barnes</i>	
Natural Fibers and Dyes	287
<i>Frances A. Wood and George A.F. Roberts</i>	
Wood	315
<i>Tony Russell</i>	
Materials	335
<i>Daphne Hakuno</i>	
Part 3 Today and Tomorrow	
Introduction	355
<i>Ghilleen Prance</i>	
Age of Industrialization and Agro-Industry	357
<i>Andrew Jacobson</i>	
Invasives	377
<i>Vernon Heywood</i>	
Conservation of Wild Plants	387
<i>David R. Given and Nigel Maxted</i>	
Conservation of Crop Genetic Resources	413
<i>Nigel Maxted and David R. Given</i>	
Plant Names	431
General References on the History of Useful Plants	433
Index	435