

Contents

Part I The Enlightenment Period in Cardiovascular Dynamics

1	Discovery of the Circulatory System	3
	Introduction	3
	Egyptian View of the Heart	3
	The Asian View: The Pulse	5
	The Ancient Greek View of Circulation	5
	Galen's View of the Circulatory System	5
	The Islamic View	5
	Ibn al-Nafis and the Discovery of Pulmonary Circulation	6
	Leonardo da Vinci's View of the Heart	6
	Contribution of Michael Servetus and Realdo Colombo	7
	William Harvey and the Ultimate Discovery of Circulation of Blood	8
	References	9
2	The Road to Unearthing the Conducting System of the Heart	11
	Introduction	11
	Jan Evangelista Purkyně and the Discovery of Purkinje Fibers	12
	Wilhelm His Jr. and the Discovery of the His Bundle	12
	The Contribution of Walter Gaskell	12
	Sunao Tawara and the Discovery of the AV Node	13
	Arthur Keith and Martin Flack and the Discovery of the Sinus Node	13
	Modern Concepts of Impulse Generation and Transmission	13
	References	17
3	Birth of Clinical Cardiac Electrophysiology	21
	Introduction	21
	The Electrocardiogram	21
	Programmed Electrical Stimulation of the Heart	22
	Recording of Intracardiac Electrical Activity: Dr. Benjamin Scherlag, PhD	22
	The Anthony N. Damato School of Cardiac Electrophysiology	24
	The Dutch School of Cardiac Electrophysiology	27
	The Mushrooming of EPS Laboratories	28
	The Heart Rhythm Society	28
	References	30
4	Molecular Basis of Impulse Generation and Propagation	41
	Introduction	41
	The Action Potential	41
	Sodium Channels	43
	Voltage-Gated Calcium Channels	43
	Voltage-Gated Potassium Channels	44
	The Funny Current of the Sinus Node	45

Gap Junction Channels	46
Conclusions.	46
References.	46
5 The Concept of Entrainment	49
Introduction.	49
Historical Perspectives	49
Criteria for Reentry.	50
Criteria for Transient Entrainment [7]	51
Entrainment of Different Tachycardias.	51
Atrioventricular Reentrant Tachycardia (AVRT)	51
Atrioventricular-Nodal Reentrant Tachycardia (AVNRT)	52
Atrial Flutter and Macro-reentrant Atrial Tachycardias	53
Ventricular Tachycardia	56
Post-pacing Interval After Entrainment	58
Stimulus to QRS Interval	60
Limitations of Entrainment Mapping	61
Conclusions.	62
References.	62
Part II Supraventricular Tachycardias	
6 Atrioventricular Nodal Reentry	67
Introduction.	67
Historical Perspective	67
Clinical Presentation	68
Mechanism of AV Nodal Reentry	68
Typical and Variants of AVNRT	70
The Case for and Against Dual Pathway Physiology	70
Evidence for Anatomic Slow and Fast Pathways in AVNRT	72
Unifying Concept in AVNRT	74
Management of AVNRT	75
Conclusions.	76
References.	76
7 Wolff–Parkinson–White Syndrome.	79
Introduction.	79
Historical Overview	79
Prevalence of WPW Syndrome.	80
The Mechanism of the WPW Syndrome: Historical Background	80
Anatomic Structure of Accessory Pathways	82
Diseases Associated with the WPW Syndrome	82
Tachycardias Associated with the WPW Syndrome	83
Multiple and Less Common Accessory Pathways	83
Natural History of WPW Syndrome in Children and Adults	87
Risk Stratification in WPW Syndrome	88
Conclusions.	90
References.	90
8 Ablative Therapy of Bypass Tracts, AV Junction, and AV Nodal Reentrant Tachycardia	93
Introduction.	93
Surgical Ablation.	93
Historical Case Study	94
Catheter Ablation with DC Current	95

Catheter Ablation with Radiofrequency Current	97
Catheter Ablation of Bypass Tracts.	98
Catheter Ablation for AVNRT.....	101
Conclusions.....	104
References.....	105
9 Atrial Tachycardia	107
Introduction.....	107
Classification of Atrial Tachycardia	107
Focal Atrial Tachycardias: Pathophysiology and Mechanisms.....	108
Relationship Between Heart Failure, Atrial Tachycardia, and Atrial Fibrillation....	109
Clinical Manifestations of Atrial Tachycardia	109
Differentiation Between Focal AT and Other Forms of PSVT.....	110
Specific Atrial Tachycardias	110
Inappropriate Sinus Tachycardia.....	110
Sinus Node Reentrant Tachycardia.....	112
Differentiation Between SNRT and Other Tachycardias of Similar Morphology ...	112
Other Focal Atrial Tachycardias	113
Atrial Tachycardia Arising from the Superior Vena Cava and	
Right Atrial Appendage.....	113
Crista Terminalis.....	114
Pulmonary Vein Tachycardias.....	122
Multifocal Atrial Tachycardia.....	123
Conclusions.....	124
References.....	125
10 Atrial Flutter	129
Introduction.....	129
Historical Overview	129
Epidemiology	130
Clinical Presentation.....	130
ECG Classification of AFL.....	131
Electrophysiological Classification.....	131
Right Atrial Isthmus-Dependent AFL.....	131
Non-isthmus-Dependent AFL.....	134
Scar AFL.....	134
Left Atrial Flutters.....	135
Rare Variety of AFL	135
Treatment of AFL	135
Ablative Therapy.....	137
Conclusion	137
References.....	137
11 Atrial Fibrillation	141
Introduction.....	142
Epidemiology	142
Symptomatology.....	142
Types of Atrial Fibrillation	142
Vagally Mediated AF	143
Risk Factors	143
Mechanisms: Paroxysmal AF	143
Persistent and Chronic AF	145
The Role of Gap Junctions in Atrial Remodeling in Persistent AF	145
Hereditary Factors in AF.....	146
Secondary Atrial Fibrillation.....	146

Hyperthyroidism-Associated AF	146
Postoperative AF	146
AF Associated with Mitral Valve Disease	147
Treatment of AF Associated with Mitral Valve Disease	147
Clinical Evaluation of Patients with AF	148
Treatment of Atrial Fibrillation	148
Stroke Prevention	148
Prior to Cardioversion	148
Long-Term Anticoagulation	148
Historical Case Study	149
The New Anticoagulants	150
Rhythm Control	150
Rate Control	151
Ablation: Historical Perspectives	152
Focal and Circumferential Pulmonary Vein Isolation	152
Atrial Substrate Modification	153
Other AF Ablative Methods	154
Novel Methods of AF Ablation: Identification and Ablation of Rotors	154
Complications of AF Ablation	157
Ablation Versus Antiarrhythmic Drug Therapy for Rhythm Control in PAF	158
Ablation Versus Antiarrhythmic Drug Therapy for AF in CHF	160
Historical Case Study	160
Novel Catheter Ablative Technology for AF Ablation	161
Conclusions	163
References	164

Part III Ventricular Arrhythmias

12 The Ventricular Premature Complex	171
Introduction	171
Historical Perspectives	171
Prevalence and Clinical Presentation	172
VPC-Induced Cardiomyopathy	173
The Common Types and Origins of VPC's	173
Outflow Tract PVCs	174
Fascicular PVCs	174
Purkinje VPC	174
Treatment of VPCs	174
Catheter Ablation	175
Case Study	176
Conclusions	177
References	177
13 The Substrate of Ventricular Tachycardia	179
Introduction	179
Deciphering Mechanisms: A Historical Overview	179
Bundle Branch Reentry	180
Subendocardial Reentry in Remote Infarcts	181
Animal Models of Ischemic VT	182
Abnormal Automaticity and Triggered Activity	182
Surgical Approach to VT: Historical Perspectives	184
The Substrate of VT in Remote MIs	186
Conclusions	187
References	188

14 Catheter Ablation of Ventricular Tachycardia 189

 Introduction..... 190

 Clinical Manifestations of VT..... 190

 Catheter Ablation: A Historical Perspective 191

 The Identification of the VT Substrate and Response to DC Shocks 191

 The Introduction of Radiofrequency Current for VT Ablation..... 192

 Substrate-Based Ablation: Historical Perspectives..... 192

 The Endocardial Catheter Ablation Procedure: General Principals 195

 Substrate Mapping and Ablation..... 197

 Hemodynamic Support During VT Ablation 198

 Ablation of Focal (Purkinje) VT..... 198

 Complications of Catheter Ablation 198

 Epicardial Mapping and Ablation..... 199

 Complications of Epicardial Ablation..... 200

 Catheter Ablation of Scar-Related VT 200

 Prophylactic Catheter Ablation to Prevent ICD Shocks 202

 Map-Guided VT Ablation Versus Substrate Modification 202

 Outcome of Catheter Ablation in Scar-Related VT 202

 Ablation of VT in Other Structural Entities 204

 Hypertrophic Cardiomyopathy (HOCM) 204

 Catheter Ablation in Structurally Normal Hearts 209

 Idiopathic Monomorphic VT 209

 RVOT Tachycardia 209

 LV Outflow Tract VT 209

 Fascicular VT 209

 Epicardial VT 210

 Mitral Annulus VT 211

 Brugada Syndrome 211

 Alternate Methods of Ablation 212

 Intramural VTs 212

 Stereotactic Radioablation 213

 Autonomic Modulation..... 213

 Conclusions..... 213

 References..... 214

15 Ventricular Tachycardia Associated with Left Ventricular Assist Device 221

 Introduction..... 221

 Incidence of Ventricular Arrhythmias..... 221

 Proposed Mechanisms of Ventricular Arrhythmias..... 222

 Outcome of LVAD Patients with VT/VF 222

 The Impact of ICD in LVAD Patients..... 222

 ICD Programming in LVAD Patients 222

 The Impact of CRT-D in LVAD Patients..... 223

 Management of Ventricular Arrhythmias 223

 Case Study 223

 Role of Catheter Ablation 224

 Procedural Issues Related to the Ablative Procedure 226

 Conclusions..... 226

 References..... 226

16 The Evolution of Coronary Intervention and Its Impact on Cardiac Arrhythmias 229

 Introduction..... 229

 Historical Perspective on Coronary Intervention 229

 The Birth of Interventional Cardiology 230

Cardiac Arrhythmias in Acute Coronary Syndromes	231
Post-intervention Arrhythmias	232
Prognostic Significance of Early Versus Late Ventricular Arrhythmias	
Post PCI	232
Arrhythmic Events Post-MI in Patients with Depressed	
Left Ventricular Function	233
Impact of Time to Reperfusion on Late Ventricular Arrhythmias.	233
Management of Cardiac Arrhythmias During/Post PCI	234
Conclusions.	234
References.	235

Part IV Sudden Cardiac Death and Its Associations

17 Sudden Cardiac Death	241
Introduction.	241
Epidemiology	242
The Pathophysiologic Substrate of SCD.	243
The Population Spectrum of SCD.	246
The Mechanism of the Terminal Event.	247
EPS in Survivors of SCD	248
Preventive Strategies for SCD.	249
Acute Treatment of SCD.	250
Trends in Survival Post-Cardiac Arrest.	250
Current Approach to the Treatment of Survivors of SCD.	250
Conclusions.	251
References.	251
18 Sudden Cardiac Death in Athletes.	255
Introduction.	255
ECG and Echocardiographic Changes in Athletes	255
The Epidemiology of SCD in the Athlete.	256
Athletic Activity and the Triggering of Sudden Cardiac Death	256
Heart Disease in Athletes Dying Suddenly	256
Differences in American Versus European Athletes	257
Common Causes of SCD in Athletes	257
Hypertrophic Cardiomyopathy (HCM).	257
Arrhythmogenic Right Ventricular Dysplasia (ARVD)	258
Genetics of ARVD	258
Clinical Presentation and Pathophysiology.	259
Commotio Cordis	259
Anomalous Origin of Coronary Arteries and SCD.	260
The Pre-screening of Competitive Athletes	261
Conclusions.	263
References.	263
19 The Channelopathies and Sudden Death	267
Introduction.	268
The Long QT Syndrome: A Historical Overview.	268
The Genetics of LQTS	271
Potassium-Related Abnormalities.	271
Sodium-Related Abnormalities.	271
Calcium-Related Abnormalities	271
The Timothy Syndrome	271
CALM1-3 (LQT14-16): Calmodulinopathy	271

Triadin Knockout Syndrome: 18 TRDN (LQT17)	272
Clinical Manifestations	272
Genetic Testing in LQTS	272
Treatment of LQTS	273
Beta-Adrenergic Blockers	273
Left Cardiac Sympathetic Denervation (LCSD)	273
Implantable Cardioverter-Defibrillator (ICD)	273
Historical Case Study	273
Short QT Syndrome (SQTS)	274
Treatment	275
Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT)	275
Historical Overview	275
Clinical Manifestations	275
Diagnosis	275
Role of Genetic Testing in CPVT	275
Treatment	276
The Brugada Syndrome	277
Historical Overview	277
Electrocardiographic Features	277
Genetics of BrS	279
Clinical Manifestations	279
Risk Stratification: Invasive	280
Risk Stratification: Noninvasive	280
Treatment Options	281
The J Wave Syndrome	281
Etiology and Mechanism of the J Wave Syndrome	282
Treatment	282
Idiopathic Ventricular Fibrillation	282
Genetics of IVF	283
Clinical Features, Evaluation, and Natural History	283
Management	284
Historical Case Study	284
Discussion	284
Conclusions	285
References	285
20 Hypothermia Post-Cardiac Arrest	291
Introduction	291
Historical Perspective	291
The Use of Hypothermia Post-Cardiac Arrest	292
Mechanisms of Neuroprotection	294
Temporal Trends in the Use of Therapeutic Hypothermia in the USA	294
Survival in Non-shockable and Inhospital Cardiac Arrest	295
Outcome Assessment	295
Conclusions	295
References	296
21 Defibrillation: A Historical Overview	297
Introduction	297
Defibrillation in the Twentieth Century	298
Defibrillation in the Soviet Union	299
Defibrillation in the US and Europe and its Ultimate Universal Appeal	300
Conclusions	301
References	301

Part V Drug Therapy

22 Antiarrhythmic Medications	305
Introduction	306
Historical Overview	306
Classification of Antiarrhythmic Drugs	307
Class I Antiarrhythmic Drugs	307
Quinidine	311
Historical Overview	311
Electrophysiologic Effects	312
Clinical Use	312
Procainamide	313
Historical Overview	313
Clinical Use	313
Disopyramide	313
Lidocaine and Its Analog Mexiletine	313
Historical Overview	313
Electrophysiologic Effects	313
Clinical Uses	313
Flecainide and Propafenone	314
Historical Overview	314
Electrophysiologic Effects	314
Clinical Uses and Side Effects	314
Class II: The Beta-Blockers	316
Historical Overview	316
Electrophysiologic Effects	316
Role of Beta-Blockers in the Treatment of Cardiac Arrhythmias	316
Side Effects	316
Class III Antiarrhythmic Drugs	317
Amiodarone	317
Historical Overview	317
Electrophysiological Properties	318
Clinical Uses	318
Ibutilide	318
Electrophysiologic Effects	318
Clinical Use	318
Side Effects	318
Sotalol	318
Historical Overview	318
Hemodynamic Effects	319
Role in Cardiac Arrhythmias	319
Dofetilide	320
Electrophysiologic Effects	320
Clinical Efficacy in Arrhythmias	320
Side Effects	320
Dronedarone	321
Dronedarone for Rate Control in Atrial Fibrillation	322
Dronedarone in Congestive Heart Failure	322
Where Do We Stand on the Use of Dronedarone Today?	322
Class IV: Calcium Channel Blockers	322
Historical Overview	322
Other Drugs	323
Adenosine	323
Atropine	323

	Digitalis Glycosides	324
	General Principles in the Use of AADs	327
	Conclusions.....	327
	References.....	328
23	Programmed Electrical Stimulation-Guided Pharmacotherapy	335
	Introduction.....	335
	Historical Perspective	335
	Limitations and Criticism of PVS.....	338
	Inducibility and Reproducibility of Ventricular Arrhythmias.....	339
	Comparison of the Three Methods	339
	References.....	341
 Part VI The Implantable Defibrillator		
24	The Implantable Defibrillator: A Historical Overview and its Use in Secondary and Primary Prevention	345
	Introduction.....	345
	Historical Background	345
	Development of the Implantable Defibrillator	346
	The Subcutaneous ICD (S-ICD).....	348
	Secondary Prevention Trials of the Implantable Defibrillator	350
	Prognosis of Patients After ICD Implantation for Secondary Prevention.....	353
	Primary Prevention Trials of the Implantable Defibrillator	353
	ICD in Primary Prevention in Chronic Ischemic Heart Disease.....	353
	ICD for Primary Prevention in Patients with Recent Myocardial Infarction	355
	ICD for Primary Prevention in Idiopathic Dilated Cardiomyopathy	355
	ICD for Primary Prevention in Heart Failure	355
	Conclusions.....	356
	References.....	356
25	Uses, Overuses, and Problems Associated with the Implantable Defibrillator	359
	Introduction.....	359
	Recommendations for Secondary and Primary Prevention	359
	<i>Secondary Prevention: Ischemic Heart Disease</i>	359
	Primary Prevention	360
	Non-ischemic Cardiomyopathy	360
	Secondary Prevention	360
	Primary Prevention	361
	Channelopathies	361
	Structurally Normal Hearts.....	361
	Survival of Primary Prevention ICD Patients in Clinical Practice Versus Clinical Trials	362
	Overuses of ICDs	362
	Complications Associated with ICD Use	364
	Risk Factors for Device Infections	365
	Complications Associated with Device Replacements.....	365
	Lead Fractures/Recalls	365
	Inappropriate Shocks	367
	Reduction in IAS and Mortality by ICD Programming	368
	Complications Associated with S-ICD	371
	Conclusions.....	372
	References.....	372

Part VII Risk Stratification

26 Noninvasive Risk Stratification for Sudden Cardiac Death 377

 Introduction. 377

 Risk Assessment in the Asymptomatic Population. 378

 Risk Assessment in Structural Heart Disease 379

 Historical Elements in Risk Stratification in Ischemic Heart Disease 379

 Historical Case Study 380

 Dynamic Changes in Risk Evolution 381

 The Value of Test Combination in Risk Stratification. 382

 The Role of the Ejection Fraction. 385

 Biochemical Markers in Risk Stratification 385

 Cardiac Magnetic Resonance Imaging (CMR) in Risk Stratification. 385

 Genetic-Based Risk Stratification. 386

 Artificial Intelligence in Risk Stratification 386

 Conclusions. 386

 References. 386

27 The Signal-Averaged ECG: Clinical Applications 393

 Introduction. 393

 Signal-Averaged ECG Measurements 394

 SAECG in Infiltrative Heart Disease 395

 Sarcoidosis 395

 Chagas Disease 395

 Amyloidosis 396

 Other Infiltrative Diseases. 396

 SAECG in Right Ventricular Dysplasia 397

 SAECG in the Evaluation of Syncope 398

 SAECG in Tetralogy of Fallot. 399

 SAECG in the Brugada Syndrome 399

 SAECG Post-Ablation of Ventricular Tachycardia. 401

 SAECG in Atrial Fibrillation 403

 Conclusions. 404

 References. 405

Part VIII Abnormal Slow Rhythms

28 The Sick Sinus Syndrome. 411

 Introduction. 411

 Sick Sinus Syndrome: Historical Aspects. 412

 Clinical Manifestations 412

 Etiology of SSS. 413

 Pathophysiology and Natural History 413

 Evaluation of Suspected SSS 416

 Sinus Node Recovery Time. 416

 Sinoatrial Conduction Time 416

 Direct Recording of Sinus Node Potentials in Man 417

 The Role of Electrophysiologic Testing of Sinus Node Function 417

 Treatment 418

 Biologic Pacing. 419

 Conclusions. 419

 References. 420

29 Heart Blocks 423

 Introduction. 423

First-Degree AV Block	424
Second-Degree AV Block	424
Historical Overview	424
Causes of AV Blocks	427
The Bifascicular and the Trifascicular Concept	429
Historical Perspective	429
Bifascicular Blocks and Their Significance	430
The HV Interval in Bifascicular Blocks	430
Longitudinal Dissociation within the His Bundle	431
Paroxysmal AV Block	431
Trans-aortic Valve Replacement-Related AV Block	433
Predictors and Risk Stratification of Post-TAVR PPM Implantation	433
Clinical Presentation of AV Blocks	433
Clinical Evaluation of Patients with AV Block	433
Treatment	434
Conclusions	434
References	435
30 Neurocardiogenic Syncope	439
Introduction	439
Definition	439
Situational Syncope (Vasovagal)	440
Non-situational (Neurocardiogenic Syncope)	440
Mechanism of Neurocardiogenic Syncope	440
Diagnostic Investigation	441
Postural Orthostatic Tachycardia	442
Treatment	442
Conservative Management	442
Drug Treatment	443
Pacemaker	443
Treatment of POTS	443
Conclusion	443
References	444
 Part IX Technological Advancements in Bradycardia and Heart Failure Management	
31 The Artificial Pacemaker: A Historical Overview	449
Introduction	449
The First Pacemakers	449
The Hymanotor	450
Intracardiac Stimulation	451
The Transcutaneous Pacemaker	451
The Wearable Pacemaker	453
The First Implanted Pacemaker	455
The Divine Revelation	456
The Atomic Pacemaker	457
The Future of the Implantable Pacemaker	457
The Leadless Pacemaker	457
Types and Techniques	458
Clinical Data on Performance and Complications	458
Potential Clinical Uses	459
Induction Technology	459
Conclusions	459
References	459

32 The Evolution of Resynchronization Therapy	461
Introduction	461
Historical Overview of Dyssynchrony and Resynchronization Therapy	461
Clinical Trials and Outcomes	462
Other Methods of Resynchronization Therapy	464
His Bundle Pacing	464
Epicardial and Endocardial Pacing	464
Left Bundle Pacing	465
Ultrasound-Mediated Energy Transfer	465
Conclusions	467
References	467
Part X New Frontiers in Heart Rhythm Disorders	
33 Obesity and Atrial Fibrillation	473
Introduction	473
Association Between Obesity and AF	473
Mechanisms of Obesity-Related AF	474
Diastolic Dysfunction	474
Cardiac Fat Deposition and AF	474
Atrial Remodeling and Inflammatory Response	474
Obstructive Sleep Apnea	475
Long-Term Benefit of Goal-Directed Weight Loss in Atrial Fibrillation	475
Conclusions	477
References	477
34 Novel Devices for Stroke Prevention	479
Introduction	479
Watchman Device	480
Amplatzer Cardiac Plug and Amulet	482
Lariat Device	482
Cost Effectiveness	483
Conclusions	483
References	483
35 Remote Heart Rhythm Monitoring	485
Introduction	485
Historical Overview	485
Remote Monitoring of Patients with Pacemakers and Implantable Cardioverter-Defibrillators	486
Remote Monitoring and Its Effect on Survival	486
ECG Apps, iPhone, and IWatch	487
Conclusions	488
References	488
Index	491