

Contents

<i>Acknowledgments</i>	ix
<i>Introduction</i>	xi
1. COVID-19 Infection	1
Mild and Moderate COVID-19	1
Severe Infection, Hospitalization, and Death	5
Impact on Non-COVID-19 Patients with Urgent Medical Conditions	15
2. Risk Factors	21
Age	21
Comorbidities, Including Obesity and Diabetes	26
Long-Term Care Facilities	30
Gender	36
Race and Ethnicity	38
3. Impact on Healthcare Workers and Hospitals	41
Healthcare Workers	41
Hospitals	53
4. Impact on Primary Care and Specialty Care	63
Offices Shuttered	63
Primary Care Soldiers On	67
Specialty Care	72
5. Telemedicine	77
Office Practice	77
Large Healthcare Organizations and Hospitals	83
Mental Health and Specialty Care	88
Now and in the Future	92
6. COVID-19 Truths, Lies, and Consequences	97
Social Media Scourge	97
The Hydroxychloroquine Story	99
Conspiracy Theories and Anti-Vaccination Movements	105
Denigrating Public Health and Science	109
What Is Our Role in Countering Misinformation?	115

7. Persistent Medical Problems	119
Severe or Moderate COVID with Organ Damage/Dysfunction	119
Cardiac	119
Pulmonary	123
Neurologic	124
Persistent Organ Dysfunction	127
Multiple Symptoms Lasting Longer Than Three Months with	
No Evidence of Organ Damage	130
Do Persistent, Multiple Symptoms Follow Viral Infections?	134
Is There Organ Damage?	134
What Is the Best Therapy?	136
Mental Health	138
8. The Way Forward	143
Public Health Priority	143
Healthcare Inequities	148
Long-Term Care Facilities and the Elderly	152
Primary Care and Value-Based Care	155
Healthcare Worker Well-Being	159
Science and Truth	162
<i>Index</i>	167