

CONTENTS

Preface	vii
Acknowledgments	xi
The Author	xiii
1. Understanding Your Self	1
2. Understanding Experiences and Values	15
3. The Good Teacher	27
4. Self As Teacher, Teacher As Self	43
5. Teacher-Self in Profile	57
6. Connecting with Students	73
7. Teacher-Self in Context	87
8. The Transforming Teacher	101
References	115
Index	121