

Contents

Acknowledgementsxv

Introduction: Teacher Consciousness Will Change
Generationsxvii

Part I—Self-Awareness

Chapter 1 Love First..... 3

 An Awakening • Spiritualized Academics •
 Love and Law • The Allegory of the Cave •
 Realizations • Who You Are in the Classroom •
 Teacher Consciousness Matters • On the Rez
 Parents with Gurukuls • Social Development

Chapter 2 Letting Go and Going Deeply 27

 Education Devalued • What’s Up with Finland?
 • Teacher Education • Letting Go, Going
 Deeply • Consciousness with Conflicts •
 Detached Benevolence with Students • Families
 in Crisis • Poverty and Isolation • Tolerance
 with Competitive Coworkers • Sustaining
 Integrity with Institutional Moral ‘Slide’

Chapter 3	Forbearance and Personal Power.....	55
-----------	-------------------------------------	----

Forbearance • 3HV: Head, Heart, and Hands
 Values • Personal Power • Educational/
 Psychological Theories: Locus of Control:
 Positive Education & Intentional Education
 • Classroom Democracy • 'Francis'

Part II—Teacher Transformation Study

Chapter 4	Journaling.....	81
-----------	-----------------	----

Significance of Journaling • Reflective
 Power • 'Conscious Teaching' • Multiple
 Reflective Practices • Reflective Practice •
 Transformational Learning • TL Assumptions
 • Brutal Self-Honesty • Self-Reflection • Fear
 of Spirituality • Origin of the Teacher Study •
 My Tacit Experience • Of Benefit to Teachers •
 No Expectations • Reflection Wheel Journal

Chapter 5	From the Field.....	109
-----------	---------------------	-----

My Role • Study Design: Recruitment:
 Demographics • Voices From the
 Field: Gabby; Dee; Helen; Polly;
 Sonia; Val; Beth • Exit Interviews

Chapter 6 Sage on the Stage.....135

Synchronicity • Study Purpose • Personal Observations • All are Unique • Why Personal Power is Essential • Retaining Teachers • Teachers First • The Unexpected Theory • Lessons in 'Isms' • Story of Henry • Meanness 'Pays' • Our Intuitive Nature • McTaggart • Goleman • Palmer • Further Implications

Part III—Being Light

Chapter 7 Gurukul Guest author: Dr. Suma Parahakaran.... 167

Educational Self-Transformation • History of Gurukul • Instructional Design and Intent • The Guru: Beyond an academic teacher • The Guru's Personal Discipline • The Guru/Student Relationship • Integrated Curriculum: Spirit and Mind • The Role of Parents with Gurukuls • Social Development Intervention Study • Gurukul's Social Impact

Chapter 8 Awakening World.....197

Replicating Gurukul • Tagore's Ashram School • Montessori Schools • Waldorf Education • SSB Institutes/Schools: Ndola, Zambia, Africa; Toronto, Ontario, Canada; Chibadan, Lopburi, Thailand; Australia •

Government Resolutions: Australia; Scotland;
Great Britain • What About Parents?

Chapter 9 The Last Illusion..... 226

Revisiting the cave • Awake/Asleep • 'Sean'
and 'Ted' • Eternity: Classroom Eternity
• Infinite: Anita Moorjani; Classrooms
Infinity • Meditation: Personal; in The
Workplace and Classroom • Jyothi, Light
Meditation • Dissolving Your Last Illusion

About the Author 255

About the Guest Author 257