## the end of the Adventure Therein the standard studies had a transceres Contents

Setting Traps

Stall easient

Aint But One May Out

ammont A Risk Managersett of Adventione Thereor Propriet

- VOSTBILT BLUR BYDA DRIVIDSTR

Foreword Preface Acknowledgments About the Authors

CHAPTER 1 Introduction

Juli Peter lo Jasmaganali Julifi - 9, PPTTSAHO The Beauties of Identities

Experiely C. Research Rubric for Evidence Resed Rugser

xi xiii xxi XXV

16

	Mark Ames	
CHAPTER 2	A History of Adventure Therapy Will White	19
	Rafting on the Rio Chama with Youth on Probation Jenn Jevertson	47
CHAPTER 3	A Psychotherapeutic Foundation for Adventure Therapy	49
	A Cooperative Sailing Experience Lorri Hanna	67
CHAPTER 4	Foundations of Adventure Therapy	69
	Climbing for Change Kim Wasserburger	92

Nature's Role in Adventure Therapy CHAPTER 5

109

Action, Assessment, Awareness Sean Hoyer

CHAPTER 6 Adventure Therapy Models The Power of Collaboration **Bobbi Beale** 

111 136

vii

	CHAPTER 7	Assessment in Adventure Therapy	137
		Case Study	146
		Setting Traps Tiffany Wynn	152
	CHAPTER 8	Practicing Adventure Therapy	155
		Case Study	156
		Going In Circles Maurie Lung	180
	CHAPTER 9	Risk Management of Adventure Therapy Programs	183
		Throwing Out Stuff Gary Stauffer	206
	CHAPTER 10	Adventure Therapy Competencies	209
,		Turning off the Faucet of Anger Management Antonio G. Alvarez	229
	CHAPTER 11	Supervision in Adventure Therapy	231
		Building Something with That Christine Lynn Norton	252
	CHAPTER 12	Adventure Therapy Ethics	255
		Finding Family Balance Kim Sacksteder	278
	CHAPTER 13	Research and Evaluation of Adventure Therapy	281
		Building Trust	302

viii

303

321

323

331

## Rachael Wood

CHAPTER 14 The Future of Adventure Therapy

Ain't But One Way Out Nicole Lovato

Appendix A: Risk Management of Adventure Therapy Programs Appendix B: Adventure Therapy Competencies

CONTENTS	ix
Appendix C: Adventure Therapy Ethics	349
Appendix D: Research Rubric for Evidence-Based Research on Adventure Programs	357
References	363
Author Index	383
Subject Index	389

A switch in the state of the last in the best were play in the state of the other the Mennall, White we have shall be builded at the more set of the to the set of the to the where are also it stated are training and a continest the soften the first the the shift on the most and the the the selection int licks i was chin Which the mine successes the successive researchers. Addie 1965 201 The light were entremely a charte (1 dec, tes able to the The state the state the bad usively a side to be a state of a state of the the work of the reader of the