
Table of Contents

Preface	xiii
Foreword	xv
Chapter 1. Overview	1
I. Definition	1
II. Key aspects.....	4
III. Current findings.....	6
IV. Relevance to practice	7
V. Role of the advanced practice registered nurse.....	10
Case Study.....	11
References.....	12
Section I. Use of Palliative Care in Chronic Conditions and the Affordable Care Act	
Chapter 2. The Patient Protection and Affordable Care Act.....	17
I. Definition	17
II. Key aspects.....	19
III. Medicaid grants	19
IV. Patient's Bill of Rights	20
V. Overview of the ACA.....	20
VI. Center for Medicare and Medicaid Innovation	21
VII. Health Care Payment Learning and Action Network.....	22
VIII. Health information technology.....	23
IX. Relevance to practice	23
X. Supreme Court ruling.....	24
XI. Role of the advanced practice registered nurse.....	25
XII. Interface to palliative care	26
Case Study.....	28
References.....	28
Chapter 3. Patient-Centered Outcomes of Care	31
I. Definition	31
II. Key aspects.....	31
III. Current findings.....	33
IV. Relevance to practice	34
V. Role of the advanced practice registered nurse.....	35
VI. Interface to palliative care	36
Case Study.....	37
References.....	38
Chapter 4. Self-Management in Chronic Disease	41
I. Definitions	41
II. Key aspects.....	42
III. Current findings.....	44
IV. Relevance to practice	45
V. Role of the advanced practice registered nurse.....	50
VI. Interface to palliative care	50
Case Study.....	51
References.....	52
Chapter 5. Care of Multiple Chronic Conditions	55
I. Definition	55
II. Key aspects.....	56
III. Current findings.....	58
IV. Relevance to practice	59
V. Role of the advanced practice registered nurse.....	61
VI. Interface to palliative care	62
Case Study.....	63
References.....	63
Chapter 6. Comparative Effectiveness Research.....	65
I. Definition	65
II. Key aspects.....	66
III. Current findings.....	68
IV. Relevance to practice	69
V. Role of the advanced practice registered nurse.....	70
VI. Interface to palliative care	71
Case Study.....	72
References.....	72
Chapter 7. Health Policy and the Role of Advanced Practice Nurses	75
I. Definition	75
II. Key aspects.....	76
III. Current findings.....	78
IV. Relevance to practice	79
V. Role of the advanced practice registered nurse.....	80
VI. Interface to palliative care	81
Case Study.....	81
References.....	82

Section II. Pharmacology of Palliative Care

Chapter 8. Metabolism and Excretion in Disease	85
I. Definitions	85
II. Key aspects.....	85
III. Relevance to practice	87
IV. Interface to palliative care	92
References.....	92
Chapter 9. Cytochrome P450 in Palliative Care	95
I. Definitions	95
II. Key aspects.....	95
III. Relevance to practice	97
IV. Interface to palliative care	104
References.....	105
Chapter 10. Drug–Drug Interactions in Palliative Care.....	109
I. Definitions	109
II. Key aspects.....	109
III. Current findings.....	110
IV. Relevance to practice	114
References.....	114
Chapter 11. Palliative Care and Concomitant Medications.....	117
I. Definitions	117
II. Key aspects.....	117
III. Current findings and relevance to practice	118
IV. Role of the advanced practice registered nurse.....	119
Case Study.....	120
References.....	120

Section III. Chronic Conditions and Malignancy

Chapter 12. Cardiovascular Disease.....	125
I. Definition	125
II. Pathophysiology.....	128
III. Presenting symptoms	131
IV. Physical examination	132
V. Diagnostics	133
VI. Differential diagnosis	134
VII. Interventions.....	135
Case Study.....	138
References.....	139
Chapter 13. Chronic Kidney Disease	141
I. Definition	141
II. Pathophysiology.....	141
III. Presenting symptoms	142
IV. Physical examination	143
V. Diagnostics	143
VI. Differential diagnosis	144
VII. Interventions.....	144
Case Study.....	145
References.....	146
Chapter 14. Chronic Obstructive Pulmonary Disease.....	147
I. Definition	147
II. Pathophysiology.....	147
III. Presenting symptoms	149

IV. Physical examination	150
V. Diagnostics	150
VI. Differential diagnosis.....	152
VII. Interventions.....	153
Case Study.....	154
References.....	155

Chapter 15. Endocrine Disorders

I. Type 2 diabetes mellitus.....	157
II. Obesity	167
Case Study.....	180
References.....	181

Chapter 16. General Oncology.....

I. Definitions	183
II. Pathophysiology.....	183
III. Presenting symptoms	184
IV. Physical examination	184
V. Diagnostics	184
VI. Differential diagnosis.....	185
VII. Interventions.....	185
References.....	187

Chapter 17. Musculoskeletal Disorders:

Osteoarthritis	189
I. Definition	189
II. Pathophysiology.....	189
III. Presenting symptoms	190
IV. Physical examination	190
V. Diagnostics	191
VI. Differential diagnosis.....	191
VII. Interventions.....	191
Case Study.....	193
References.....	194

Chapter 18. Neurologic Conditions

I. Alzheimer disease	195
II. Parkinson disease	198
III. Stroke.....	201
Case Study.....	205
References.....	205

Section IV. Symptom Management

Chapter 19. Anxiety	211
I. Definition	211
II. Pathophysiology.....	213
III. Presenting symptoms	213
IV. Physical examination	214
V. Diagnostics	214
VI. Differential diagnosis.....	217
VII. Interventions.....	218
Case Study.....	221
References.....	222

Chapter 20. Chronic Nonmalignant Pain.....

I. Definition	225
II. Pathophysiology.....	227
III. Presenting symptoms	228
IV. Physical examination	230
V. Diagnostics	231
VI. Differential diagnosis.....	232
VII. Interventions.....	233
Case Study.....	236
References.....	237

Chapter 21. Constipation	239
I. Definition	239
II. Pathophysiology.....	239
III. Presenting symptoms.....	239
IV. Physical examination	240
V. Diagnostics	241
VI. Differential diagnosis.....	242
VII. Interventions.....	242
Case Study.....	244
References.....	246
Chapter 22. Cough.....	247
I. Definition	247
II. Pathophysiology.....	247
III. Presenting symptoms.....	249
IV. Diagnostics	249
V. Interventions.....	252
Case Study.....	254
References.....	255
Chapter 23. Dehydration.....	259
I. Definition	259
II. Key aspects.....	259
III. Current findings.....	260
IV. Relevance to practice	260
V. Role of the advanced practice registered nurse.....	261
VI. Integration of palliative care	262
Case Study.....	263
References.....	264
Chapter 24. Dementia.....	265
I. Definition	265
II. Presenting symptoms.....	265
III. Diagnostics	267
IV. Interventions.....	268
V. Integration of palliative care	269
Case Study.....	269
References.....	271
Chapter 25. Depression.....	273
I. Definition	273
II. Pathophysiology.....	274
III. Presenting symptoms.....	274
IV. Physical examination	275
V. Diagnostics	275
VI. Differential diagnosis.....	278
VII. Interventions.....	278
Case Study.....	283
References.....	283
Chapter 26. Dyspnea.....	289
I. Definition	289
II. Pathophysiology.....	290
III. Presenting symptoms.....	290
IV. Physical examination	291
V. Interventions.....	293
Case Study.....	294
References.....	295
Chapter 27. Insomnia.....	299
I. Definition	299
II. Pathophysiology.....	299
III. Presenting symptoms.....	300
IV. Physical examination	300
V. Diagnostics	302
VI. Differential diagnosis.....	302
VII. Interventions.....	302
Case Study.....	305
References.....	306
Chapter 28. Pruritus.....	307
I. Definition	307
II. Pathophysiology.....	307
III. Presenting symptoms.....	307
IV. Physical examination	308
V. Diagnostics	308
VI. Differential diagnosis	309
VII. Interventions.....	309
Case Study.....	311
References.....	312
Section V. Oncologic Emergencies	
Chapter 29. Hypercalcemia of Malignancy	315
I. Definition	315
II. Pathophysiology.....	316
III. Presenting symptoms	316
IV. Physical examination	317
V. Diagnostics	318
VI. Differential diagnosis	319
VII. Interventions.....	319
Case Study.....	323
References.....	324
Chapter 30. Malignant Pleural Effusion	327
I. Definition	327
II. Pathophysiology.....	327
III. Presenting symptoms	329
IV. Physical examination	329
V. Diagnostics	331
VI. Differential diagnosis	332
VII. Interventions.....	333
Case Study.....	336
References.....	337
Chapter 31. Spinal Cord Compression.....	339
I. Definition	339
II. Pathophysiology.....	340
III. Presenting symptoms	340
IV. Physical examination	343
V. Diagnostics	344
VI. Differential diagnosis	344
VII. Interventions.....	345
Case Study.....	350
References.....	350
Chapter 32. Superior Vena Cava Syndrome	353
I. Definition	353
II. Pathophysiology.....	353
III. Presenting symptoms	354
IV. Physical examination	355
V. Diagnostics	357
VI. Differential diagnosis	357
VII. Interventions.....	358
Case Study.....	359
References.....	361
Section VI. Palliative Practices and Patient and Family Communication	
Chapter 33. Communicating With the Patient and Family.....	365

I.	Definition	365	Case Study.....	426	
II.	Key aspects.....	365	References.....	427	
III.	Current findings.....	367	Chapter 39. Interdisciplinary Team		
IV.	Relevance to practice	370	Collaboration, Continuity, and		
V.	Role of the advanced practice registered nurse.....	371	Communication	431	
VI.	Interface to palliative care	372	I.	Definitions	431
Case Study.....	373	II.	Key aspects.....	432	
References.....	373	III.	Current findings.....	438	
Chapter 34. Preparing the Patient and		IV.	Relevance to practice	439	
Family for End of Life.....	377	V.	Role of the advanced practice registered nurse.....	440	
I.	Definition	377	VI.	Interface to palliative care	441
II.	Key aspects.....	377	Case Study.....	441	
III.	Current findings.....	383	References.....	443	
IV.	Relevance to practice	386	Chapter 40. Cultural Considerations	445	
V.	Role of the advanced practice registered nurse.....	386	I.	Definitions	445
VI.	Interface to palliative care	387	II.	Key aspects.....	446
Case Study.....	387	III.	Current findings.....	448	
References.....	388	IV.	Relevance to practice	453	
Chapter 35. Advance Care Planning.....	391	V.	Role of the advanced practice registered nurse.....	453	
I.	Definition	391	VI.	Interface to palliative care	454
II.	Key aspects.....	392	Case Study.....	455	
III.	Current findings.....	393	References.....	456	
IV.	Relevance to practice	393			
V.	Role of the advanced practice registered nurse.....	394			
VI.	Interface to palliative care	395			
Case Study.....	396				
References.....	396				
Chapter 36. Preparation Versus Crisis					
Approach to Care.....	399				
I.	Definition	399			
II.	Key aspects.....	399			
III.	Current findings.....	400			
IV.	Relevance to practice	402			
V.	Role of the advanced practice registered nurse.....	403			
VI.	Interface to palliative care	403			
Case Study.....	404				
References.....	404				
Chapter 37. Identifying Team Disciplines	407				
I.	Definition	407			
II.	Key aspects.....	408			
III.	Current findings.....	410			
IV.	Relevance to practice	410			
V.	Role of the advanced practice registered nurse.....	411			
VI.	Interface to palliative care	411			
Case Study.....	412				
References.....	413				
Chapter 38. Patient and Family Goal Setting	415				
I.	Definitions	415			
II.	Key aspects.....	416			
III.	Current findings.....	423			
IV.	Relevance to practice	425			
V.	Role of the advanced practice registered nurse.....	425			
VI.	Interface to palliative care	426			
Case Study.....					
References.....					
Section VII. Spiritual Support and Self-Care					
for Professionals					
Chapter 41. Spiritual and Religious Care	461				
I.	Definitions	461			
II.	Key aspects.....	461			
III.	Current findings.....	462			
IV.	Relevance to practice	463			
V.	Role of the advanced practice registered nurse.....	463			
VI.	Interface to palliative care	465			
Case Study.....	465				
References.....	465				
Chapter 42. Hope and Loss	467				
I.	Definition	467			
II.	Key aspects.....	467			
III.	Current findings.....	468			
IV.	Relevance to practice	468			
V.	Role of the advanced practice registered nurse.....	469			
VI.	Interface to palliative care	470			
Case Study.....	470				
References.....	470				
Chapter 43. Compassionate Self-Care:					
An Interdisciplinary Approach.....	473				
I.	Definition	473			
II.	Key aspects.....	475			
III.	Current findings.....	477			
IV.	Relevance to practice	480			
V.	Role of the advanced practice registered nurse.....	481			
VI.	Interface to palliative care	481			
Case Study.....	481				
References.....	482				
Index.....	487				