CONTENTS

ix
3
13
14
15
17
17
18
20
21
21
23
24
25
26
29
30
30
31
33
37
41
47
49

ENDITORIE DELL'ARTER DE POSTE LA POSTE DE POSTE DE L'ARTER DE L'AR

	3. From Emotion to Rupture		51
	Emotion: From Basic to Complex		52
	Emotion: From Generation to Regulation		54
	Emotion: From Multiplicity to Intersubjectivity		56
	Emotion: From Rupture to Repair		67
	Coda		70
	4. From Emotion to Repair		73
	Emotion: From Communication to Metacommunication		73
	Emotion: From Patient to Therapist		82
	Coda		101
	5. A Way to Therapist Training		103
	Other Supervision and Training Models		104
	Supervisors as Responsive Models and Secure Bases		105
	Alliance-Focused Training: Helping Therapists Regulate E and Negotiate Ruptures	Emotions	106
	Coda		126
	6. A Way to Therapist Self-Care		129
	Some Basic Attitudes		129
	Some Useful Strategies		135
	Coda		142
Con	Conclusion: In the Pressure Cooker		
	What We Know We Know About Clinical Judgment, Allie	ance, and Training	145
	What We Know We Don't Know About Rupture, Interver	ition, and Training	146
	What We Don't Know We Don't Know About Emotion Re	egulation	147
App	endix: The Rupture Resolution Rating System	Partition Higgs	149
Refe	rences		191
Inde	ex ·		223
Abo	ut the Authors		233

Flow Do Therspine Personal Difficultus Contribute to Problems

Cone Example: Immediate and Elephratory Resolution Approaches

Sainted with Krimin model to be Repaired