## Contents

	List of tables	ix
200	Acknowledgements	xi
	Introduction	1
	RT I isure, work, and well-being through a historical lens	5
1	Leisure that never existed before: a historical perspective	7
2	Was Plato a friend or a foe of leisure?	11
3	Aristotle: philosopher of leisure and happiness	24
4	Leisure in Ancient Rome: otium and panem et circenses	33
5	Seneca: philosopher of tranquillity and sadness	41
6	From the vale of tears to the Renaissance	48
7	St. Augustine: leisure and well-being in the Earthly City and the City of God	51
8	Thomas Aquinas: vita activa or vita contemplativa?	56
9	Work and leisure in Thomas More's Utopia	61
10	Montaigne's Essays and Pascal's Pensées: of diversion and happiness	70
11	Enlightenment's vision of work, leisure, and the arts	84
12	Adam Smith: capitalism with a human face?	90
13	The 19th centurywas there ever a golden age?	104

diam streptenta die viter rellierapholi ab sixalA vi

enneme bei bris brisis brisis berick bei bei bei beiter bei beiter bie bei

ler estere tour tropped in there are an imported exact. In the

- Right and Tales and Company of the section of the contract of the Company of th

	A
V111	Contents
VIII	Contocitos

15 Karl Marx: between the 'realm of freedom' and 'ma	atorial
necessity'	122
16 Emile Durkheim: of labour, leisure, and anomie	133
17 Max Weber: of work ethic, leisure, and disenchantn	nent 146
18 Thorstein Veblen: from the ethics of work to conspic consumption	cuous 159
19 The 20th century: farewell to the 'Belle Époque'	166
20 Johan Huizinga: sub specie ludi	169
21 Pitirim Sorokin: at the crossroad of ideational and s cultures	ensate 177
22 Josef Pieper: apology for Vita Contemplativa	189
23 Hannah Arendt: of 'human condition'	195
24 From the Middletown and Middletown in Transition to The Lonely Crowd	203
25 Leisure research yesterday and today: Quo Vadis?	218
PART II Leisure, work, and well-being today	227
Intermission: changing the diopter	228
26 What happened to the society of leisure? Two scenar	rios 229
27 Work-leisure relationship: the 'long arm of work'?	245
28 Leisure and social prestige: keeping up with the Jon	eses? 261
29 The pros and cons of the 'democratization of culture	e' 274
30 Of happiness, leisure, and riches	291
Conclusion	308
Author Index Subject Index	315 323