

Part III Understanding Solitude: Constructs, Processes, and Contexts	191
14 Social Approach and Avoidance Motivations <i>Jana Nikitin and Simone Schoch</i>	193
15 Ostracism and Solitude <i>Eric D. Wesselmann, Kipling D. Williams, Dongning Ren, and Andrew H. Hales</i>	209
16 The Possibilities of Aloneness and Solitude: Developing an Understanding Framed Through the Lens of Human Motivation and Needs <i>Thuy-vy T. Nguyen, Netta Weinstein, and Richard M. Ryan</i>	224
17 Getting Even Lonelier? Psychological Well-Being and Problematic Use of Media in the Over-Connected Society <i>Jung-Hyun Kim</i>	240
18 New Media and Solitude: Implications for Peer Relations <i>Kaitlyn Burnell, Madeleine J. George, and Marion K. Underwood</i>	254
19 Alone Versus Together: Finding the Right Balance for Creativity <i>Paul B. Paulus, Jared B. Kenworthy, and Laura R. Marusich</i>	268
20 Solitude as a Means to Obtaining Mental Rest in Skilled Athlete Populations <i>David W. Eccles, Alexander Kazmier, and Christopher Ehrhardt</i>	280
21 From Shyness to Social Anxiety: Understanding Solitude in the Context of Immigration <i>Yiyuan Xu, Charissa S.L. Cheah, Craig H. Hart, and You Jung Seo</i>	294
Part IV Solitude, Health, and Psychopathology	309
22 Introversion, Solitude, and Happiness <i>John M. Zelenski, Karin Sobocko, and Deanna C. Whelan</i>	311
23 Solitary and Social Aspects of Restoration in Nature <i>Kalevi Korpela and Henk Staats</i>	325
24 Intentional Solitude and Mindfulness: The Benefits of Being Alone <i>Chelom E. Leavitt, Bethany Butzer, Rebecca W. Clarke, and Kami Dvorakova</i>	340
25 Loneliness and Associated Mental Health Sequelae in Individuals with Autism Spectrum Disorder <i>Lauren Baczewski and Connie Kasari</i>	351
26 Social Anxiety Disorder and Emotional Solitude <i>Lynn E. Alden and Klint Fung</i>	364
27 Hikikomori: Risks and Consequences of Extreme Self-imposed Social Marginalization <i>Paul W.C. Wong and Tim M.H. Li</i>	378
28 Solitary Confinement Is Not “Solitude”: The Worst Case Scenario of Being “Alone” in Prison <i>Craig Haney</i>	390
Part V Magnum Opus	405
29 Social Withdrawal in Childhood: A Personal History of Theory and Research That Guided a Program of Developmental Research <i>Kenneth H. Rubin</i>	407
Index	448