

CONTENTS



Introduction ix

PART I

The Case for Scout Mindset

Chapter 1. TWO TYPES OF THINKING 3

Chapter 2. WHAT THE SOLDIER IS PROTECTING 16

*Chapter 3. WHY TRUTH IS MORE VALUABLE THAN
WE REALIZE* 28

PART II

Developing Self-Awareness

Chapter 4. SIGNS OF A SCOUT 43

Chapter 5. NOTICING BIAS 59

Chapter 6. HOW SURE ARE YOU? 73

PART III

Thriving Without Illusions

- Chapter 7.* COPING WITH REALITY 91
- Chapter 8.* MOTIVATION WITHOUT SELF-DECEPTION 105
- Chapter 9.* INFLUENCE WITHOUT OVERCONFIDENCE 121

PART IV

Changing Your Mind

- Chapter 10.* HOW TO BE WRONG 137
- Chapter 11.* LEAN IN TO CONFUSION 151
- Chapter 12.* ESCAPE YOUR ECHO CHAMBER 168

PART V

Rethinking Identity

- Chapter 13.* HOW BELIEFS BECOME IDENTITIES 185
- Chapter 14.* HOLD YOUR IDENTITY LIGHTLY 199
- Chapter 15.* A SCOUT IDENTITY 214
- Conclusion* 229

Acknowledgments 233

Appendix A 235

Appendix B 239

Notes 243

Index 265